

Welcome



Dear parents,

Welcome to UC Santa Barbara! We are so pleased that you are here to get to know more about what life will be like for your students as they begin their careers as part of our dynamic learning community.

I understand that one of your concerns is for the safety and well-being of your child as they begin their independence away from home. I want you to know that we are committed to fostering a safe, healthy, vibrant, and supportive living and learning environment for all students. Our UC Undergraduate Experience Survey shows that there is a high satisfaction rate among UCSB students, and they express a strong sense of community and campus pride.

I also understand your desire to learn about how we support our students as they pursue their educational and career goals and maintain the personal values you have taught them. Counseling students to make good decisions, both academically and personally, is a vital part of our educational mission. UC Santa Barbara offers many programs and services designed to enable students to become more sensitive to their own needs, as well as the needs of others, and to provide avenues for meeting those needs. We also concentrate on helping students gain a better appreciation of the experiences and values of community members from diverse backgrounds. We strive to create an environment where students are not only excited about developing their own potential but also motivated to contribute to the personal development of their peers.

Education, of course, is not limited to the college years. It is a lifelong endeavor. We aim to provide our students with a solid education that will motivate and equip them to keep learning long after they have left our campus. We also strive to constantly enhance the stature and reputation of our university, so that the value of each student's diploma will continue to grow.

We hope you enjoy your time on campus, and we invite you to return again and again. As proud parents of our treasured students, you will always be a vital part of our UC Santa Barbara family.

Sincerely,

Joaquin Becerra
Dean of Students

School Packing List

ELECTRONICS

- ☐ Alarm clock
- ☐ Chargers
- ☐ Headphones

COMPUTER

- ☐ Flash drive or USB
- ☐ Heavy duty extension cord
- ☐ Laptop (optional)
- ☐ Metal surge protector

SCHOOL SUPPLIES

- ☐ Backpack
- ☐ Calculator
- ☐ Highlighters
- ☐ Index cards
- ☐ Notebooks
- ☐ Paper clips
- ☐ Pens
- ☐ Pencils
- ☐ Post-It-Notes
- ☐ Push pins
- ☐ Ruler
- ☐ Scissors
- ☐ Stapler/staples
- ☐ Tape

TOILETRIES

- ☐ Hair brush
- ☐ Carrying case/caddy
- ☐ Cold medicine
- ☐ Cough medicine/cough drops
- ☐ Deodorant
- ☐ First aid kit, bandages
- ☐ Nail clippers
- ☐ Prescription and over the counter medications
- ☐ Razors/shaving equipment
- ☐ Soap
- ☐ Shampoo, conditioner
- ☐ Shower shoes
- ☐ Sun block
- ☐ Thermometer
- ☐ Tissues
- ☐ Toothbrush/toothpaste
- ☐ Towels, washcloths

MISCELLANEOUS

- ☐ Batteries
- ☐ Beach towel
- ☐ Flashlight
- ☐ Hot beverage mug
- ☐ Gym bag/overnight bag
- ☐ Laundry detergent
- ☐ Laundry softener/stain remover
- ☐ Sewing kit
- ☐ Tools (screwdriver, pliers, etc.)
- ☐ Utensils
- ☐ Umbrella
- ☐ Reusable water bottle and water filter pitcher

ROOM FURNISHINGS

- ☐ Bed light
- ☐ Decorations
- ☐ Desk lamp
- ☐ Desk organizer
- ☐ Dry erase board/cork board
- ☐ Fan (small)
- ☐ Hangers
- ☐ Laundry bag or basket
- ☐ Posters/pictures (family, friends)
- ☐ Small refrigerator (optional)
- ☐ Wall hooks (non-adhesive)
- ☐ Storage containers

CLOTHING

- ☐ Standard wardrobe
- ☐ Bathing suit
- ☐ Rain jacket/rain boots
- ☐ Robe
- ☐ Sunglasses
- ☐ Winter coat/cap
- ☐ 1-2 nice outfits (including belt and dress socks)

BEDDING

- ☐ Blankets
- ☐ Comforter
- ☐ Mattress pad (twin extra long)
- ☐ Pillow/pillow cases
- ☐ Sheets (twin extra long)

PAPERWORK

- ☐ Access ID (student ID)
- ☐ Bank info/checks
- ☐ Copy of serial numbers of valuable items (electronics, bike, etc.)
- ☐ Debit/prepaid card
- ☐ Driver's license/state I.D.
- ☐ Medical insurance information
- ☐ Proof of work eligibility (Social Security card or DACA)

TRANSPORTATION

- ☐ Bike or skateboard
- ☐ Bike light
- ☐ Bike lock (U-lock recommended)
- ☐ Proof of ownership/registration



Packing, Prepping, and Parting

Transitioning to UCSB is an important time not only for students, but for families as well. New students will experience challenges as they acclimate to increased academic expectations, seek out new friends, and begin their next chapter on campus. Communication with your student is a critical step in getting ready for fall. We hope that the following notes on the transition to the University will assist both you and your student prepare for what is to come in the fall and thereafter.

AUGUST 2025

SUN	MON	TUE	WED	THU	FRI	SAT
All dates in this calendar are subject to change — visit www.ucsb.edu for updates and more information.					1 WAIVER FOR UC-SHIP HEALTH INSURANCE OPENS See studenthealth.sa.ucsb.edu	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

PACKING AND PREPPING FOR MOVE-IN DAY

- Roommate information, room assignment, and instructions for move-in day will be sent to each student’s university email in early September. Move-in is typically staggered over two weekend days to ease campus traffic congestion.
- First-year students (including those with enough credits to be classified as sophomores) are prohibited from bringing vehicles to campus during their first year. They are not eligible to purchase any campus parking ePermits.
- Residence halls have both wired and wireless network Internet access. Students using wired access must provide their own computer, network card, and Ethernet cable. Students using wireless access should ensure that the wireless network card is updated with the latest manufacturer drivers. Printers are available in residence halls and campus computer labs.
- There are card-operated washers/dryers in each residence hall.
- Taking the bus, biking, walking, and skateboarding are common forms of student transportation. Students do not need a car. Santa Barbara Airport, a train station and bus stations are nearby. Full-service grocery stores are a short distance from campus. Two small markets and a food cooperative are located in Isla Vista. Convenience stores are located on campus.

PREPPING FOR THE TRANSITION

- Create a checklist to prepare for move-in day and other tasks you would like to accomplish with your student over the summer.
- Spend quality time together this summer.
- Don’t forget to include siblings! This is a transition for them, too.
- Talk with family and friends who have had a student move away for college.

ADJUSTING TO INDEPENDENCE

- Families are an important part of each student’s support network.
- There is no need to completely let go, but there is some need to give more freedom and responsibility.
- It is helpful to agree on how and how often you will communicate with your student.
- Set boundaries on how you will help them.

WHAT TO EXPECT ON MOVE-IN DAY

- Campus will be busy!
- Move-in day can be stressful and emotions tend to run high.
- Be prepared to meet your student’s roommate(s) and families.
- Bring snacks, water and patience.
- Make a plan for the day in advance — how long to stay, who will come and who will take care of what tasks.
- Plan your goodbye with your student in advance.

THE FIRST WEEK — POST MOVE-IN DAY

- Families may have varying experiences and emotions. The house may feel quiet and empty; parents may wonder what student is doing; parents may feel a loss of identity, sadness, relief, or both; parents may worry about too much or too little contact with student.
- Students may have varying experiences and feel a range of emotions. They will be busy with residence hall activities, workshops, tours, buying books, registering their bike, finding their classrooms, and getting to know their hall mates.

THE FIRST QUARTER...

- Freedom is good and okay! Take some time for yourself.
- Be patient with the transition. It is an adjustment for everyone.
- Find ways to stay connected to your student and check in with your student about your relationship.
- Visit — but call first if able!

WHEN THEY COME HOME ...

- It may be a bittersweet time.
- Families may feel let down if their student does not seem excited or happy to be home.
- Expect your student to want to spend a lot of time with high school friends.
- Talk about house rules before they come home.

OVER THE NEXT SEVERAL YEARS ...

- Your relationship with your student will continue to evolve- this is normal.
- Visits home may decrease but become easier.
- They will grow up a lot. You will change, too.
- Enjoy it — the time will go by quickly!



New Student Experience

Co-curricular activities provide vital opportunities to build social and professional networks, experience a sense of belonging at UCSB, engage in community service, and develop leadership skills. Each year thousands of events are scheduled on campus for students. Within each residence hall, a team of professional staff and student resident assistants plan educational and social programs specifically designed for their residents. Most of these events are offered free of charge. Outside of the halls, campus departments and student organizations continually host workshops, performances, lectures, events, discussions, and activities. In addition, leadership opportunities abound from student government to over 400 registered campus organizations, including fraternities and sororities. Students can learn about all of these opportunities through the campus newspaper, fliers posted around campus, or by visiting <http://shoreline.ucsb.edu>.

SEPTEMBER 2025

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
	Labor Day					
7 FINAL DAY TO WAIVE UC- SHIP HEALTH INSURANCE FOR FALL (WITHOUT \$50 FEE) See studenthealth.sa.ucsb.edu	8	9	10	11	12	13
14	15 DEADLINE TO PAY FALL FEES See https://mybarc.ucsb.edu for more information	16	17	18	19 FINAL DAY TO WAIVE UC- SHIP HEALTH INSURANCE FOR FALL (WITH \$50 FEE) See studenthealth.sa.ucsb.edu	20 RESIDENCE HALL MOVE-IN WEEKEND for university-owned halls. www.housing.ucsb.edu
21 RESIDENCE HALL MOVE-IN WEEKEND for university-owned halls. www.housing.ucsb.edu	22 23 24 WEEK OF WELCOME ACTIVITIES — SEPT. 20-24 New students are invited to attend numerous activities throughout campus. Visit shoreline.ucsb.edu for more information and a list of events. <i>Rosh Hashanah begins</i>			25 FIRST DAY OF CLASSES	26	27
28	29	30				All dates in this calendar are subject to change — visit www.ucsb.edu for updates and more information.

UNIVERSITY SUCCESS COURSES

The Dean of Students Office offers two popular courses in collaboration with the Girvetz Graduate School of Education. The classes focus on how to be successful at our research university. Education 118, for transfer students, is generally offered in fall quarter. Education 20, for first-year students, will be offered in the spring. Students should check course schedules on GOLD for details.

STUDENT PERSPECTIVE:

"My first year has been everything I wanted it to be and more. Somehow I found my home in a place that was nearly 2,000 miles away from my house. The transition, while at times a bit difficult, was ultimately a smooth one due to the immense kindness from everyone around me."
- Sophomore, Sociology

"I am currently in my first year at UCSB. I am a transfer student and the transition was better than expected. I made a couple of friends and it definitely helped to get involved and attend events. Being away from my family is a little hard, but I definitely got used to it. The coursework is much more rigorous, but I have also learned to adapt to the fast pace of the school. So far I have had a positive experience."
- Junior, Chicanx Studies

"I came into UCSB as a transfer student from LA County, and I remember being so worried and scared that I wouldn't make any connections. I had to push myself to become more involved in extracurricular activities like the Transfer Student Alliance (TSA) and even got to work for Orientation Programs and Parent Services. Although some days were harder than others, I wouldn't ever change my decision to come to UCSB. I've met amazing people and a community that really cares for their students."
- Senior, Sociology

DISCOVERY SEMINARS FOR FIRST YEAR AND TRANSFER STUDENTS

Discovery seminars are courses designed to foster interaction between students and faculty, encouraging meaningful discussions in small groups. Students will have the chance to build relationships with faculty, gain insight into the research methods of different academic fields, and delve into intriguing new subjects.

Discovery Seminars are offered as 1-unit (10 hours/quarter) or 2-unit (20 hours/quarter) courses and graded Passed/Not Passed. There are two types of seminars:

Discovery Seminars for First Year Students (INT 86AA-ZZ) & Transfer Students (INT 186AA-ZZ):

- 1 unit
- Lower-division
- Meets for one hour each week
- Limited to 20 students (or 11 students if field trip is involved)
- Taught by one professor

Discovery+ Seminars for First Year Students (INT 87AA-ZZ) & Transfer Students (INT 187AA-ZZ):

- 2 units
- Lower-division & upper-division available
- Meets for two hours each week
- Limited to 30-40 students
- Taught by two professors

Visit <https://uged.ucsb.edu/academic-enrichment/discovery-seminars> to learn more and see a list of current and past seminars.



Student Involvement

Every university hopes to provide its students with the opportunity to explore issues and become involved in a wide range of activities. While the university experience is traditionally associated with academics, many students find great value in the learning they experience outside of the classroom. UCSB offers a number of ways for students to grow and challenge themselves by meeting new people, learning more about the university, and experiencing personal development in student government, campus clubs and organizations, undergraduate research, and diverse internship opportunities.

OCTOBER 2025

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
			Yom Kippur begins			
5	6	7	8	9	10	11
12	13	14	15	16	17	18
	Indigenous People's Day					
19	20	21	22	23	24	25
26	27	28	29	30	31	All dates in this calendar are subject to change — visit www.ucsb.edu for updates and more information.
					Halloween	

CLUBS & ORGANIZATIONS

Student Engagement & Leadership (SEAL) is the home to Registered Campus Organizations (RCOs) who provide opportunities to meet new people, establish a sense of belonging at UCSB, engage in community service, develop leadership skills, and integrate coursework with practical experiences. There are more than 400 organizations — led primarily by students — of all kinds: academic, arts, career, community service, cultural, educational, fraternities, environmental, political, recreational, religious/spiritual, social, sororities, sports, wellness, and more. To learn more, students should attend the annual Campus Orgs Fair held in the fall.

COMMUNITY AFFAIRS BOARD (CAB)

Community Affairs Board (CAB) connects UCSB students to the community. CAB hosts and supports events which focus on volunteering to help the environment, youth, animals, elderly, houseless, and more. Care-mail is the weekly newsletter that includes volunteer opportunities, events, and internships in the community. For more information, visit <https://cab.as.ucsb.edu>.

LEADERSHIP DEVELOPMENT (SEAL)

Student Engagement & Leadership (SEAL) offers several annual and ongoing programs built around research-based leadership development methods including workshops, classes, retreats, and individual/organizational consulting. We are proud to offer The Leadership Challenge® Workshop (used worldwide by Fortune 500 companies and non-profit organizations alike). Students can find out more by visiting the Student Life Resource Center (Student Resource Building, Room 1104) or our online engagement platform, Shoreline: shoreline.ucsb.edu.

RECREATION AND INTERCOLLEGIATE SPORTS

UCSB's Recreation program has extensive opportunities consisting of intramural sports, club sports, and outdoor recreation. Being involved in these programs provides opportunities for students to have fun, meet other students, and stay fit. UCSB's athletic program also includes intercollegiate teams. For more information, please visit <https://recreation.sa.ucsb.edu>.

OUTDOOR PROGRAMS

Taking Gauchos on adventures since 1974, UCSB Adventure Programs in the Department of Recreation is proud to offer kayaking, climbing, canoeing, backpacking, surfing, stand-up paddle boarding, aerial skills, canyoneering, camping trips, equipment rentals, ropes courses, Adventure Climbing Center, certifications in SCUBA and wilderness aid. New Gauchos can jump-start their UCSB experience by joining the popular First Year Outdoor Adventure (FYOA) offered just before UCSB move-in weekend. Students can work at the Adventure Climbing Center, Adventure Ropes Course or join our Leadership Training Course to become an outdoor guide! For more information about all Adventure Programs, visit recreation.ucsb.edu.

THEATER & DANCE

The Department of Theater and Dance provides a thriving forum for the study of dance, theater and other types of performance. In a typical year, the department produces five main stage drama productions and two modern dance concerts. The productions represent the various periods and styles taught in the academic program ranging from the classics to contemporary dramas to comedies to original works. For more information, please visit www.theaterdance.ucsb.edu.

IV AND SANTA BARBARA COMMUNITY

Isla Vista and the neighboring Santa Barbara area are fun and diverse places to explore. Every Friday night in the Isla Vista Theater, Magic Lantern Films screens both classic and current films at a low price. A.S. Program Board also sponsors fun events at nominal costs to students on campus, in Isla Vista, and in nearby Goleta. The surrounding area of Santa Barbara also provides the opportunity for lively entertainment — shopping, concerts and fabulous restaurants — all a short bus ride away! Many students find ways to volunteer and better our community through service projects such as nature clean-ups, assisting at local schools, and improving food security for people experiencing homelessness in the area with accessible potlucks.



Staying Connected

The first quarter of college is an exciting time for first-year students and can be filled with many new experiences and challenges. Your support can help ensure that your student learns to navigate life at the University and is set up for success. Reach out to your student with phone calls and texts to let them know you are there for them, but also give them space to grow and discover life for themselves. Stay connected to your student to understand their college experience and what support they would like from you and your family.

Winter break is an especially important time to check in with your student about their social and academic transition. In this month, we offer some conversation starters that we hope will help you talk with your student about the challenging aspects of life as a new university student.

NOVEMBER 2025

SUN	MON	TUE	WED	THU	FRI	SAT
<i>All dates in this calendar are subject to change — visit www.ucsb.edu for updates and more information.</i>						1
2 <i>Daylight Savings Time Ends</i>	3	4 <i>Election Day</i>	5	6	7 PARENTS & FAMILY WEEKEND NOVEMBER 7–8 See www.ucsb.edu/parentsfamilyweekend for more information.	8
9	10	11 UNIVERSITY HOLIDAY Campus offices closed <i>Veteran’s Day</i>	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27 UNIVERSITY HOLIDAYS Campus offices closed <i>Thanksgiving Day</i>	28	29
30						

ASK ABOUT ACADEMICS

The academic transition can be one of the most difficult aspects of a student’s university career. There are many issues to keep in mind— from acclimating to UCSB’s quarter system to the increased academic rigor and expectations. Academic success can take many different forms — it is not just grades that count!

Some questions to start your conversation:

- Do you like your classes?
- What has been the most challenging part of the academic transition for you?
- Is there anything you will do differently in the winter now that you have experienced fall quarter?
- How are your time management skills?
- Have you used the resources available at CLAS (Campus Learning Assistance Services)?
- Have you visited your instructor’s office hours? If so, how did it go?
- How do you feel about choosing a major?
- Have you visited an academic advisor in your college (Letters & Science, Engineering, or Creative Studies)?
- Have you spoken with the undergraduate advisor in your major department (if you have already selected a major)?
- For undeclared students: Have you used the resources available at Career Services to help you explore new interests?
- How do you feel about your winter schedule?

ACADEMIC RESOURCES

- College advising through your student’s college (Letters and Science, Engineering, or Creative Studies). See the General Catalog for more information (catalog.ucsb.edu).
- Academic advising through each major department
- Campus Learning Assistance Services (CLAS)
- Educational Opportunity Program (EOP)

ABOUT FERPA

UCSB departments must comply with the Family Educational Rights and Privacy Act (FERPA) and UC Policy and are unable to release information about your student. It is important that your student take primary responsibility for communicating with campus offices, advisors and faculty. For more details about FERPA and UC Policy, visit <https://registrar.sa.ucsb.edu/student-records/records-privacy-ferpa>.

ASK ABOUT THE SOCIAL TRANSITION

Some conversation starters are:

- How are you doing? Are you feeling overwhelmed?
- How are you getting along with your roommates?
- What do you do to relieve stress?
- Do you want to visit home? How can we help?
- What is the party scene like? If your student indicates that “everyone drinks,” or if you gather that they are drinking, pursue the issue. Reinforce your expectations and values.
- What kind of activities are you participating in with friends?
- Are you comfortable with your behavior since you started college? What are some changes you have noticed?

Talk to your student about your expectations. Set clear and realistic goals regarding academic performance and discuss consequences if the expectations are not met.

Talk to your student about your own experiences with alcohol, both positive and negative. Do not, however, idealize any over-indulgences from your own youth. Your student may assume you are granting approval for dangerous levels of consumption.

Encourage your students to assert their right to a safe and livable environment. Help your student stand up for a right to a safe academic and social environment and discuss ways that your student can get assistance from residence hall and/or other UCSB resources.

STUDENT PERSPECTIVE

"I'll FaceTime my parents and siblings weekly while I'm at school. My mom joked about me not forgetting to call her, but with text/FaceTime it hasn't been an issue. I'll often call them after they are done with dinner and I'm at home doing schoolwork. That time kind of came naturally because it was when we were both free, but it was a trial and error process until we figured that out."

- Freshman, Philosophy

"I FaceTime with my family and visited quite often the first summer that I was here. I like my space, so not having to see my family every waking second has been good. I appreciate that my family realizes this and knows to give me my space. We communicate at least once a week, depending on my workload, and we text about every two days."

- Sophomore, Economics



Healthcare

One frequently asked parent question is, “Who can help when my student gets sick?” The answer is easy — Student Health. Student Health staffs over 140 professionals and support staff, including primary care physicians, physician assistants, nurse practitioners, gynecology, registered dietitians, registered nurses, physical therapists, pharmacists, lab technicians, x-ray technicians, and more! We work closely with Counseling and Psychological Services (CAPS), Disabled Students Program, Health and Wellness, Resource Center for Sexual and Gender Diversity, and Education Abroad Program to provide holistic care for your student. Visit us online at <http://studenthealth.sa.ucsb.edu> or call (805) 893-5361.

DECEMBER 2025

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
					LAST DAY OF INSTRUCTION	
7	8	9	10	11	12	13
		FINAL EXAMINATIONS DECEMBER 6–12				WINTER BREAK Dec. 13–Jan. 4 Some university-owned residence halls may close for winter break.
14	15	16	17	18	19	20
Hanukkah begins	DEADLINE TO PAY FOR WINTER FEES Visit https://mybarc.ucsb.edu for more information.					
21	22	23	24	25	26	27
	Hanukkah ends		UNIVERSITY HOLIDAY Campus offices closed Christmas Eve	UNIVERSITY HOLIDAY Campus offices closed Christmas Day	FINAL DAY TO WAIVE UC-SHIP HEALTH INSURANCE FOR WINTER See studenthealth.sa.ucsb.edu Kwanzaa begins	
28	29	30	31			
			UNIVERSITY HOLIDAY Campus offices closed New Year's Eve	Students interested in living in university-owned housing in 2026–2027 should visit www.housing.ucsb.edu for information.		All dates in this calendar are subject to change — visit www.ucsb.edu for updates and more information.

WHERE TO GO WHEN STUDENTS GET SICK

All registered students are able to utilize Student Health services. Student Health is located on the west end of campus facing Isla Vista.
Hours of operation:
■ Weekdays: 8 a.m.–4:30 p.m. (with late opening Wednesdays at 9 a.m.)

Primary Care: Appointments can be scheduled via phone (805-893-3371, option #2) or for select services via the student MyHealth Portal. Students can walk in to speak with a scheduler but should note that walk-in appointments are not available.

Behavioral/Mental Health: for therapy and new ADHD diagnoses, contact Counseling and Psychological Services (805-893-4411). For psychiatry or social work, call 805-893-3087 during business hours.

Pharmacy: our pharmacy stocks prescription and over-the-counter medications and can be contacted via the MyHealth portal or by calling 805-893-2116 during business hours.

Emergencies & After-Hours: Students should call 911 or head to a local Urgent Care Center or Goleta Valley Cottage Hospital (both close options to campus). Our After-Hours Nurseline is always open at (877) 351-3457.

HEALTH INSURANCE

All registered students at the University of California are required to meet the University's health insurance mandate. All registered undergraduate students are **automatically enrolled in the UCSB Student Health Insurance Plan (UC SHIP)** as a way to meet this mandate. If students have comparable insurance and do not wish to keep UC SHIP as dual coverage, **they must submit a request to waive enrollment each academic year by the specified deadline.** UC SHIP is a comprehensive insurance plan which includes Medical, Vision, Dental, and Pharmacy coverage. The medical plan features year-round, worldwide coverage using the Anthem Blue Cross network, and includes prepaid access to care at the UCSB Student Health Center. The premium for UC SHIP is included in the total cost of attendance and students will be automatically charged each quarter. Depending on financial need, students may be eligible to have their UC SHIP premium fully or partially covered by a UC Health Insurance Grant from the Office of Financial Aid & Scholarships. Please note that a student's financial aid award will change if they waive out of UC SHIP.

To waive (opt-out) UC SHIP coverage and remove the insurance premium charge, the student must upload evidence of qualifying health coverage into our secure waiver portal AND receive confirmation that their waiver was accepted. Email confirmation that the waiver was approved will be sent to the student's UCSB email. The deadline to submit is provided on the Insurance page of the Student Health website.

If you would like further information to help you decide if you should waive UC SHIP or stay enrolled, please contact the UCSB Student Health Insurance Office at (805) 893-3371 (option #3), or by email to shswaivers@sa.ucsb.edu. Students with approved waivers are encouraged to enroll in the Gaucho Access Plan (GAP) for prepaid access to most UCSB Student Health services. Visit <http://studenthealth.sa.ucsb.edu/insurance/gap> for details.

HEALTH AND WELLNESS

UCSB Health & Wellness promotes the health & wellbeing of UCSB students. All programs support students as they navigate the University experience for academic success and a fulfilling life. We promote habits that strengthen well-being and contribute to a UCSB culutre where students feel a sense of belonging, and well-being is valued as integral to everyone's success at UC Santa Barbara.

Key Activities:

- Interactive learning and skill development to engage students in caring for their health & well-being
- Facilitate and advocate for physical environments that promote health and reduce risk for students
- Conduct surveys on the health & well being of students
- Paid internships for students pursuing health careers

Programs & Services:

- Sleep, stress reduction, and mindfulness
- Cooking skills and nutrition
- Healthy relationships and sexual health
- Alcohol & drug health
- Body image

Visit www.wellness.ucsb.edu or call (805) 893-2630.

UC-MANDATED VACCINES

All incoming and re-admitted students are required to complete a tuberculosis (TB) screening and satisfy immunization requirements as mandated by the UC Office of the President. Incoming fall students must have this completed by September 1. Failure to comply with the requirements will result in a registration block for the following quarter. We strongly encourage students to start this process early, as they may be required to complete additional steps prior to arrival on campus. Please visit the Student Health website to see information on exemption requests for Entrance Immunization Requirements. For further information and instructions for completing these requirements please visit <http://studenthealth.sa.ucsb.edu/medical-services/immunization-information>. Students can complete tuberculosis (TB) screening, enter required immunization dates, and upload immunization records on their MyHealth portal.



Mental Health

Students attending college often experience mental health issues. Some students come to college with a previously diagnosed mental health condition and are under the care of a physician or psychiatrist; these students are encouraged to transfer their care to UCSB professionals at Student Health Services. Other students may develop symptoms of mental health disorders, such as depression and anxiety, for the first time while in college. Mental health issues can be challenging, but with proper medication and therapy, students can be very successful in the college environment. Consultation, diagnosis and treatment for many common mental health symptoms are available at Student Health Services by calling (805) 893-3087. Free and confidential counseling is available from licensed psychologists at Counseling & Psychological Services 24 hours a day/7 days a week by calling (805) 893-4411.

JANUARY 2026

SUN	MON	TUE	WED	THU	FRI	SAT
<i>All dates in this calendar are subject to change — visit www.ucsb.edu for updates and more information.</i>				1 UNIVERSITY HOLIDAY Campus offices closed <i>New Year's Day</i>	2	3
4 University-owned residence halls re-open if closed for holiday.	5 FIRST DAY OF WINTER INSTRUCTION	6	7	8	9	10
11	12	13	14	15	16	17
18	19 UNIVERSITY HOLIDAY Campus offices closed <i>Martin Luther King, Jr. Day</i>	20	21	22	23	24
25	26	27	28 <i>Lunar New Year</i>	29	30	31

STUDENT MENTAL HEALTH COORDINATION SERVICES

The case managers of Student Mental Health Coordination Services can be reached at (805) 893-3030 or by submitting a report online at www.sa.ucsb.edu/ReferAGaucher. This office is a readily accessible single point of contact for parents, faculty, staff and students concerned about a student in distress. The case managers will consult about a student, provide referrals to campus departments and resources, develop action plans, and follow up with callers as appropriate.

Call the case managers if you are concerned about a student in distress and:

- Do not know where to refer them for assistance
- Would like to consult about possible responses to a student's behavior
- Notice a student's behavior is making others feel uncomfortable
- Believe there may be safety concerns in the future
- Have called 911 because of a safety concern

The case managers are available for consultation and appointments during business hours, Monday through Friday. In an emergency situation, you should always call 911.

COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

University life may be stressful and difficult at times. Counseling & Psychological Services (CAPS) provides an opportunity to speak with objective professionals when students need help sorting out a personal issue, feel overly stressed, anxious, depressed or need assistance with more serious mental health concerns. When these issues are interfering with a student's academic or personal life or causing academic difficulty, psychologists can help to clarify values, establish goals and, most importantly, identify options. CAPS offers individual and group counseling to address psychological concerns. Group offerings include Mindfulness, Find Your Focus (ADHD), and Creating Emotional Balance & Healthy Relationships. Sessions with psychologists are confidential and no information is released about counseling without a student's consent. Parents are welcome to call CAPS for general guidance or consultation.

CAPS has a comprehensive Mental Health Peer Program staffed by student peer advisors. They are trained in basic counseling and relaxation techniques and can help students learn to cope with the stresses of college life. Students can visit the egg and massage chairs, stop by to talk to a peer, or attend one of the many workshops offered.

Phone consultation is available 24/7 — even nights, weekends and holidays at (805) 893-4411. CAPS is located in Building 599 and is open Monday– Friday 8:30 a.m.-4:30 p.m. For more information, visit <http://caps.sa.ucsb.edu>.

SOCIAL WORK SERVICES

A variety of factors including medical, academic, financial, emotional, family, and social issues can affect a student's performance and adjustment at UCSB. Students who are experiencing difficulties in any of these areas can meet with a social worker for assessment, help connecting to community resources and services, ongoing support, monitoring and advocacy. For students who may need to leave UCSB, a social worker can provide assistance in locating and obtaining continuing services. The social worker's role is to meet with students, consult with other involved people (with the student's permission) and identify the student's obstacles, needs, strengths and goals to develop a plan. Together the social worker and student develop a plan to access resources available to meet their needs. The ultimate goal is for students to maximize their college experience while at UCSB.

Social work services are provided at no cost to students through Student Health funding. UCSB social workers are also available to consult with parents, within the limits of confidentiality restrictions that protect medical information. This is a voluntary and confidential service — we are unable to require students to attend appointments. For serious concerns, consult with a Student Health social worker or contact Student Mental Health Coordination Services. Social Work Services are available through Student Health at (805) 893-3087. Student Health information can be located at the following website: <http://studenthealth.sa.ucsb.edu>. Further information on responding to distressed students may also be found at <http://studenthealth.sa.ucsb.edu> or by calling (805) 893-3030.



Housing

Students are able to live in university residence halls that provide room and board and are located in three geographic areas of the campus: Storke Campus, Main Campus East, and Main Campus West. All halls are within walking or biking distance to classes, dining commons, and recreational facilities. Residence halls provide students with a sense of community, educational and social programs, and a network of support in the residence assistants and professional housing staff to ensure encourage success at the University. University-owned undergraduate apartments are available for continuing and transfer students and are located in close proximity to campus.

FEBRUARY 2025

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 <i>Groundhog Day</i>	3	4	5	6	7
8	9	10	11	12	13	14 <i>Valentine's Day</i>
15	16 UNIVERSITY HOLIDAY Campus offices closed <i>Presidents' Day</i>	17 <i>Ramadan begins</i>	18	19	20	21
22	23	24	25	26	27	28
<i>All dates in this calendar are subject to change — visit www.ucsb.edu for updates and more information.</i>						

HOUSING, DINING & AUXILIARY ENTERPRISES

UC Santa Barbara operates eight residence halls for undergraduate students with a variety of building styles and floor plans that provide a great way to meet people and get involved. Community development is enhanced by recreation facilities including basketball and volleyball courts, lounges for events and studying, and off-street bikeways. The 9-month contract includes a room with furnishings, a meal plan, high-speed wireless internet, housekeeping services, on-site laundry facilities, and 24-hour on-call maintenance.

UC Santa Barbara operates eight apartment complexes that are available for graduate students, 3rd and 4th year undergraduate students, and students with families. The apartments offer single students and students with families independence, as well as access to a community of fellow students. Apartments include living rooms, bathrooms, and kitchens. Residents may prepare their own meals, or purchase a meal plan for the dining commons. Community comforts include high-speed wired and wireless internet, space for recreation and study, on-site laundry facilities, and 24-hour on-call maintenance.

University & Community Housing Services is a one-stop housing shop for UCSB students. It handles all university-owned housing processes including applications, contracts, room assignments, roommate matching, billing, and housing payments for residence halls and apartments. Additionally, UCHS offers resources for community housing such as rental listings, educational programs, conflict resolution, and rental advice.

For more information, feel free to contact our office or visit us on the third floor of the University Center.

University & Community Housing Services
Room 3151, University Center
Website: www.housing.ucsb.edu/uchs
Email: housinginfo@housing.ucsb.edu
Phone: (805) 893-4371

MYTH:

If my student does not get along with their roommate or if they aren't very close, their college experience will be ruined for the year.

FACT:

Your student's roommate is one of the 20,000+ students here at UCSB, and there are many other groups of people and environments that students can become a part of. Students have a wide variety of resources to get involved in such as intramural sports, student clubs and organizations. It's helpful to remember that while your student's roommate may not be their best friend, that does not mean they are not a good roommate.

RESIDENTIAL DINING SERVICES

Campus Dining, which includes Residential Dining Services, encompasses the four dining commons that are self-operated and prepare quality food on site daily, to ensure freshness and flavor, offering multiple menu choices that meet a variety of needs. We are dedicated to enrich the lives of those we feed through our service.

Our daily menu selections and offerings are made from scratch with local, fresh, natural, and seasonal ingredients and reflect our sustainability practices. The Dining Commons offer diverse menu options featuring: vegetarian, vegan, low-fat, gluten-free, cooked-to order selections, specialty dishes, extensive salad bars, fresh bakery goods and desserts. We provide flexible meal plan options to accommodate individual needs. For students that live outside of university-owned housing, they can still enjoy delicious, nutritious meals at the dining commons with an off-campus meal plan. With every meal, we try to surpass our customers' expectations, both during the academic year and summer conference season. For more information, visit the Campus Dining website: www.dining.ucsb.edu.

RESIDENTIAL HOUSING ASSOCIATION (RHA)

The Residential Housing Association (RHA) plans events and provides services for students throughout the year in order to make residence hall life more enjoyable and enriching for students on campus. RHA officers are elected during spring quarter in order to serve the needs of incoming residents the following academic year. However, several on-campus positions are available in the fall for new students to join. The RHA officers work with Hall Councils to plan social and educational events and activities. Some of these activities include large-scale festivals, All Hall Ball, and All Hall Brawl. Through their hard work, RHA members make the transition to college and life in the residence halls easier and more enjoyable for residents. More information can also be found at: <https://www.rhaucsb.com>.



Money Matters

For many families, the combination of financial pressures and the cost of college can cause stress. Please use the helpful resources provided on this page and turn to our many campus professionals when you have financial questions. Students can access their own financial aid information by visiting www.finaid.ucsb.edu and clicking on the “My Aid Status” link.

MARCH 2026

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
DEADLINE TO PAY SPRING FEES See https://mybarc.ucsb.edu for more information.		FINAL EXAMINATIONS MARCH 14-20				SPRING BREAK March 21-29 Some university- owned residence halls may close for spring break.
22	23	24	25	26	27	28
		SPRING BREAK MARCH 21-29			UNIVERSITY HOLIDAY Campus offices closed <i>César Chávez Day (observed date)</i>	
29	30					All dates in this calendar are subject to change — visit www.ucsb.edu for updates and more information.
University- owned residence halls re-open if closed for break.	FIRST DAY OF SPRING INSTRUCTION					

BILLING (BARC)
The Billing Accounts Receivable and Collections (BARC) Office maintains each student’s university billing account. The BARC account includes charges for items such as tuition, housing, student health insurance premiums, lab and material fees, library fines, etc. BARC also includes all credits on the account for payments and financial aid transactions (grants, scholarships, and loans).

Gaucha E-Bill — The billing process at UCSB is electronic. Billing statements are not mailed to students or parents. When a statement is available, all students are sent an email to their university email account. The email includes a link to a secure site (<https://mybarc.ucsb.edu/>) where the student can log on to view, download or pay their BARC statement. We recommend that ALL STUDENTS authorize at least one parent and/or other user to receive e-Bill Notification. Once added by the student, parent/other users receive the same Gaucha E-Bill notifications and have the same ability to view/ download statements and to pay online. Complete, step-by-step instructions on how to add one or more parent/other user can be found at the BARC website: <https://www.bfs.ucsb.edu>. Students may visit our website, text “BARC” to 1 (805) 585-5821 during business hours, or email barc.info@bfs.ucsb.edu to contact BARC.

Fee Payment Deadlines — UCSB tuition fees are billed on a quarterly basis. Students and parent users are sent an email notification one month prior to tuition payment deadlines. These deadlines can be found at <https://www.bfs.ucsb.edu/barc>. Other fees are due on a monthly basis.

Acceptable Forms of Payment — Payments may be made by Gaucha E-Check (Electronic Checks), conventional paper check, money order, credit card (online only; see our website for the convenience fees assessed), International wire transfer via Flywire, wire transfer or cash. Cash will only be accepted in person during Billing Cashier Office business hours. Information on all methods of payment including 529 education savings accounts can be found at <https://bfs.ucsb.edu/barc/payment-processing>.

- Avoid Late Payment — Payments need to be **received** by the due date to avoid losing space in registered classes. Please be sure to allow for sufficient mailing time (recommendation — seven days prior to the payment deadline).

- Payment Plans — Payment plans are available to students who are unable to meet their financial obligations by the specified deadline. They are available at <https://bfs.ucsb.edu/barc/payment-plans>.

FINANCIAL AID
We know paying for college can be challenging, but UCSB’s Office of Financial Aid & Scholarships is here to help. All eligible students should apply for aid through the Free Application for Federal Student Aid (FAFSA) or the California Dream Act Application (CADAA). March 2nd is normally the priority deadline each year, but students who apply late can still receive some forms of aid. We also encourage all students to use ScholarshipUniverse to search and apply for additional scholarship opportunities at <https://ucsb.scholarshipuniverse.com>.

Our financial aid student portal, My Aid Status, displays important information for students throughout the year regarding their application status and any outstanding tasks that students need to complete before receiving aid. Please watch our tutorial for new students called “How to Pay for UCSB” on our website at <https://www.finaid.ucsb.edu>.

Please encourage your student to reach out to us anytime if they have questions about their award letter, or if you are facing a financial hardship situation. You might need an appeal or help with obtaining loans.

In addition, our office leads the Financial Crisis Response Team, a campus-wide group that is dedicated to making sure that students who experience a financial emergency receive the support and resources they need. Go to our Basic Needs website at <https://basicneeds.ucsb.edu> for more details.

ACCESS ID DEBIT CARD
The ACCESS ID is the official UCSB student identification card. It can be used like a debit card once funds are deposited. The card is accepted at the UCSB Campus Store, UCen Post Office, Student Health, campus dining and food facilities, and select off-campus vendors. There is a \$30 fee to print the card (payable through BARC). For more information, please go to <https://www.accessid.ucsb.edu/> or you can visit the ACCESS ID Help Desk at the University Center, Monday–Friday, 10 a.m.–12 p.m. and 1–4 p.m.



Student Well-Being

UCSB is deeply concerned about student and community safety. Your student will receive educational information about excessive and risky drinking as well as the use of controlled and recreational substances throughout the academic year. This is a job the university cannot perform alone; we need the involvement and the support of parents. Although your student is not likely to bring up the topic, they will listen if you talk. You may not even get a response, but research shows that students pay attention when their parents talk with them about alcohol and drugs. Even if you believe your student does not drink or does not drink to excess, it is important that you have a conversation about alcohol and drugs. For more information on any of the following resources, please visit <https://adp.sa.ucsb.edu> or call the Alcohol and Drug Program at (805) 893-5013.

APRIL 2026

SUN	MON	TUE	WED	THU	FRI	SAT
			1 FINAL DAY TO WAIVE UC- SHIP HEALTH INSURANCE FOR SPRING <small>See studenthealth.sa.ucsb.edu</small> <i>Passover begins</i>	2	3	4
5 <i>Easter Sunday</i>	6	7	8	9 <i>Passover ends</i>	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		All dates in this calendar are subject to change — visit www.ucsb.edu for updates and more information.

FIRST YEAR/TRANSFER STUDENT EDUCATION REQUIREMENTS

As part of UCSB's comprehensive approach to prevention and education, all first-year and transfer students are required to complete an online education course on alcohol and drug safety. The course must be completed prior to the first day of classes. Additionally, all new students are required to attend Gaucho FYI, a workshop during the first six weeks of fall quarter. Gaucho FYI directly addresses important campus issues involving mental health, alcohol and drugs, community belonging, sexual assault, dating/domestic violence, stalking, bystander intervention and Isla Vista community safety. All new student requirements must be completed by new undergraduates or a registration block may be placed on the student's account until the requirement is satisfied.

ALCOHOL AND DRUG PROGRAM (ADP)

The UCSB Alcohol and Drug Program (ADP) offers free, confidential individual counseling, educational workshops, and support groups based upon current research in prevention and intervention for college students. These programs help students identify their own risk factors and develop skills to make safe choices and increase personal responsibility. Students who violate substance use policies on campus, in the residence/dining halls, or in campus-owned buildings may be referred to ADP for an assessment and/ or education. The University maintains limited jurisdiction over certain alcohol and drug related incidents in Isla Vista for which students may be sanctioned. For more information, visit <https://adp.sa.ucsb.edu> or call (805) 893-5013.

MYTH: All students at UCSB regularly consume alcohol and use recreational substances.

FACT: The 2023 National College Health Assessment data demonstrates that, within the past 3 months, over 29.8% of UCSB students report no alcohol use and over 50.2% of UCSB students report no use of marijuana, weed, hash edibles, vaped cannabis.

UCSB students can make a free, confidential appointment with a licensed counselor at the Alcohol and Drug Program by calling (805) 893-5013 or visiting <https://adp.sa.ucsb.edu/>.

SUBSTANCE-FREE PROGRAMMING

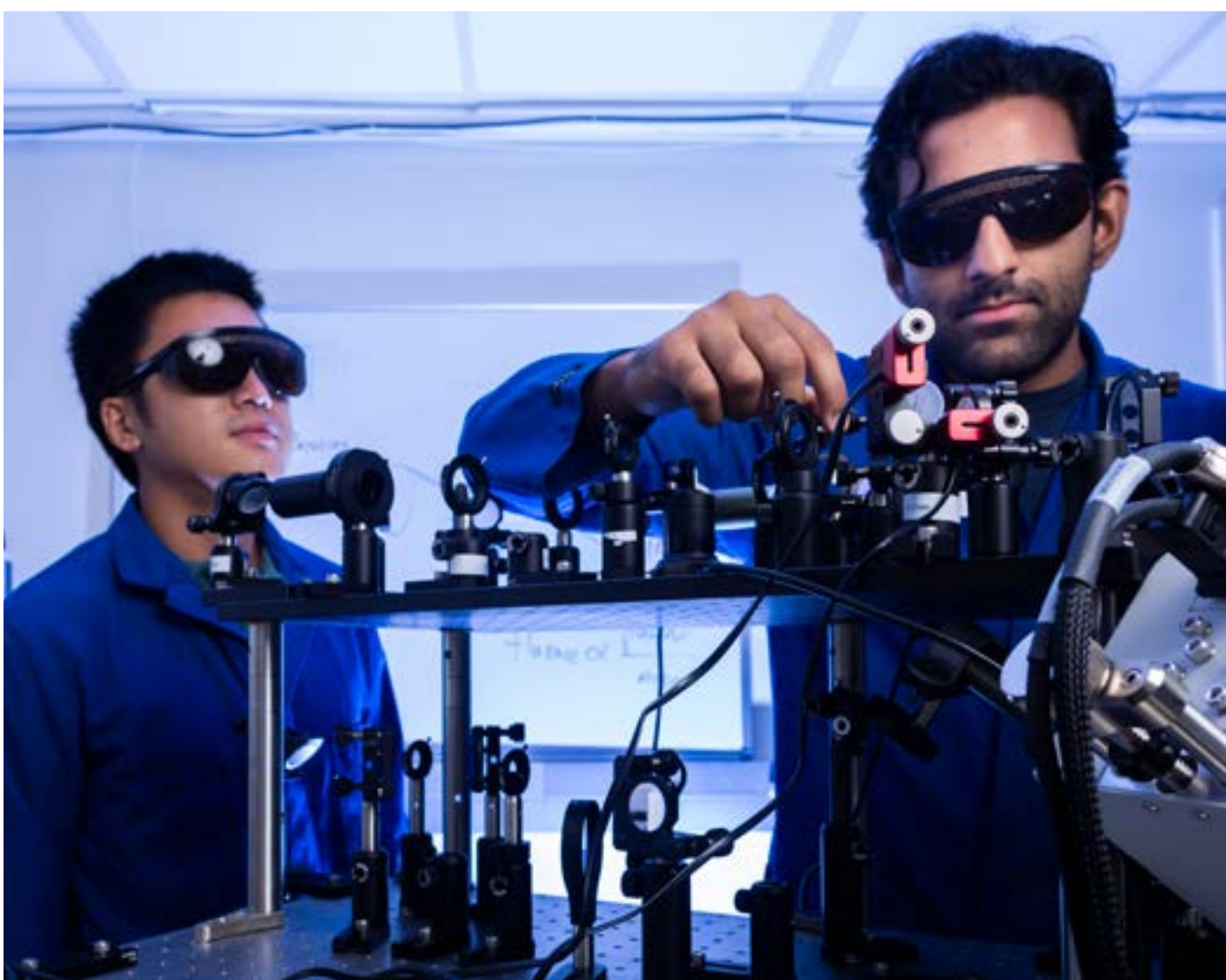
Providing a safe and fun social environment is a university-wide effort that unites academic departments, student affairs resources, and student organizations. The goal of campus partners is to create, support and promote non-alcohol centered activities, events, and venues. Residence Hall staff, Student Engagement & Leadership (SEAL), and student-led organizations such as Life of the Party and Gauchos for Recovery provide free events throughout the year, starting in September with the Week of Welcome. Students looking for substance-free environments to socialize should talk with their Resident Assistant or staff at SEAL, get involved with the Residential Housing Association (RHA), learn more about Gauchos for Recovery, and check the campus events calendar at <https://events.ucsb.edu>.

SOME WARNING SIGNS/RISKS OF ALCOHOL OR DRUG ISSUES

- Changes in mood and/or behavior
- Attempts to self-medicate an existing or undetected psychological condition, including emotional ups and downs
- Decline in school/work attendance or performance
- Difficulty maintaining healthy social relationships
- Legal or financial concerns
- Blackouts and resulting negative consequences
- Increasing tolerance for alcohol and/or other drugs
- Family history of alcohol and/or other drug problems

FACTS TO KEEP IN MIND

It is not true that "everyone gets drunk in college". Approximately 50% of all UCSB students drink in moderation when they choose to drink, and more than 20% of students choose not to drink at all. The effects of alcohol and drugs linger long after the party and can have lasting consequences. High-risk drinking and drug use at colleges and universities can have tragic consequences. In many cases, students do not recognize the seriousness of the situation or do not want to get their friend in trouble. Students should know that these interventions can save lives. UCSB has a "Just Call 911" campaign to help students recognize and take action regarding warning signs of risky use of alcohol and drugs and symptoms of overdose. Visit <https://alcohol.sa.ucsb.edu/resources/help-a-friend> for more information.



Research: An Opportunity No Student Should Miss!

As a world class research institution, UC Santa Barbara embraces research as the cornerstone of a well-rounded education. Students and parents are encouraged to think about how research as an undergraduate will help prepare a student for the very best jobs, graduate schools, and more. Now is the time for students to explore their interests, pursue new knowledge, create original work, and put what they learn into practice outside the classroom. Visit the undergraduate research website at <https://undergrad.research.ucsb.edu> for a variety of helpful tips, contacts, student research stories, and much more.

MAY 2026

SUN	MON	TUE	WED	THU	FRI	SAT
<i>All dates in this calendar are subject to change — visit www.ucsb.edu for updates and more information.</i>					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
<i>Mother's Day</i>						
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	<div>UNIVERSITY HOLIDAY Campus offices closed</div> <div><i>Memorial Day</i></div>					

RESEARCH AT UCSB

Undergraduate research is a signature feature of the UC Santa Barbara experience. Whether undergraduates work in laboratories, studios, or the university library, they grow in ways that are only possible in a research or creative environment. What they learn provides mental tools for a lifetime: the ability to persevere, think and communicate clearly, ask the right questions, and develop ideas with confidence. From cognitive neuroscience to aquatic biology to spatial art, the possibilities are endless.

“Undergraduate research can be a life-changing event,” says Dennis Clegg, professor in the Molecular, Cellular and Developmental Biology Department. “Some students are hooked after their first successful experiment and are inspired to pursue careers in biomedical research. Others in my lab have gone on to become successful doctors, professors, and teachers.”

In an environment famous for interdisciplinary efforts, students have the opportunity to collaborate with exceptional faculty both in and out of their chosen major. UCSB has six Nobel Prizes, and many faculty members have won top research awards and fellowships. In addition, Carol Greider, an undergraduate alumni of UCSB’s College of Creative Studies (Biology, class of ’83), and a participant in undergraduate research, shared the 2009 Nobel Prize in Medicine.

Dr. Bruce Tiffney, professor of earth science, notes “Undergraduate participation in research allows the student to move from being a consumer of knowledge to becoming a producer. In the process, they develop an appreciation of the tangled history of human endeavor that leads to new knowledge, as well as the realization that knowledge is generally provisional, not absolute. To do this requires commitment, enthusiasm, and a willingness to live with uncertainty; the results are motivating and empowering.”

According to Herbert Kroemer, 2000 Nobel Laureate in physics, “Careers today require continual, lifelong learning. Few experiences better prepare students for this process than active participation in research early in their education. The only ‘prerequisites’ are curiosity, the willingness to learn something not contained in the standard curriculum, and desire to work on questions to which the answers are not yet known. In fact, the satisfaction of having contributed to the solving of previously unanswered questions is often the most exciting part of the work.”

STUDENT RESEARCH RESOURCES

- Center for Science and Engineering Partnerships
<https://csep.ucsb.edu/>
- College of Letters and Science: URCA
<http://urca.ucsb.edu>
- College of Creative Studies
<https://ccs.ucsb.edu/>
- Materials Research Laboratory
<https://www.mrl.ucsb.edu/education/undergraduate-opportunities/overview>
- McNair Scholars Program
<https://mcnair.ucsb.edu>

STUDENT PERSPECTIVES

"I've been involved with two research labs during my time at UCSB. As a research university, there are tons of ways to get involved here at UCSB, and they're a great opportunity to gain real world experience while working closely with graduate students or faculty."
- Sophomore, Feminist Studies

"I participate in research on campus and I am actually constantly shocked by how much I enjoy it! Learning and questioning and understanding different methods to solve or prove hypotheses is really intriguing. I definitely have to say it is very different than the mandatory lab classes that I need to take for my major!"
- Senior, Chemistry



Isla Vista Community

The vibrant community of Isla Vista, commonly known as “IV,” is one-half square mile in area, located adjacent to UCSB’s main campus. Despite its proximity, Isla Vista is not a part of the UCSB campus. Isla Vista is an unincorporated area of Santa Barbara County represented by an elected county supervisor and a Community Services District with five elected and two appointed members. In addition to the non-student population that resides in IV, approximately 40% of IV’s 23,000 residents are UCSB students and several thousand are Santa Barbara City College students. Despite its diminutive size, Isla Vista has 25 parks and open spaces, over 100 businesses, a public elementary school, and is served by several places of worship. The Isla Vista Food Co-op, a cooperatively owned natural foods store founded by the community in 1972, is open to the public and provides education and outreach programs, employment opportunities, and a community donations program.

ISLA VISTA LIVING

Students who choose to live in IV enjoy the proximity of their friends and classmates, ocean views, beach access, a lively environment, and the convenience of being able to walk, bike, or skateboard to class. Students can give back to the community by getting involved with local agencies — mentoring youth at the YMCA Youth Center, tutoring students at IV Elementary School, participating in game nights at the local senior living center Friendship Manor, or serving on the IV Recreation and Parks District board. They learn valuable life skills through renting property, sharing space with roommates, participating in local government, and managing their own time, money, and health. Furthermore, IV offers an arts and culture scene, sorority and fraternity life, employment opportunities, recreation, and a beautiful location.

Commonly thought of as a lively “college” town, in reality, IV is a diverse, multi-generational community, populated by families with children, senior citizens, and a number of residents who have called Isla Vista home for many decades. Because of housing density, Isla Vista has some issues more commonly seen in urban areas such as noise, crowding, and lack of parking. While some of UCSB’s policies do extend to students living in IV, the influence of UCSB over IV is limited. UCSB has no jurisdiction over visitors or non-students living in the community. Law enforcement in IV is under the jurisdiction of the Isla Vista Foot Patrol (IVFP), staffed by Santa Barbara County Sheriff’s officers and the California Highway Patrol, with a significant number of officers supplied by the UCSB Police Department. Officers from the three agencies respond to community safety concerns on foot, bicycle, and by car, making them flexible, responsive, and approachable. Parents are urged to remind their students to be good citizens and good neighbors in Isla Vista. Isla Vista safety tips are provided under the Campus Safety section, and, as in any community, students should use caution and common sense.

The most frequent crime in IV is property theft — typically the result of students leaving doors unlocked or property unsecured. More serious crimes do occur, including sexual assaults.

JUNE 2026

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5 LAST DAY OF INSTRUCTION	6 FINAL EXAMINATIONS June 6-12
7 Move out for university-owned residence halls begins. Students should check with RAs for details.	8	9	10	11	12	13 COMMENCEMENT FOR CLASS OF 2026 University-owned residence halls close
14 COMMENCEMENT FOR CLASS OF 2026 Father’s Day	15	16	17	18	19 UNIVERSITY HOLIDAY Campus offices closed Juneteenth	20
21	22 FIRST DAY OF SUMMER INSTRUCTION	23	24	25	26	27
28	29	30				All dates in this calendar are subject to change — visit www.ucsb.edu for updates and more information.

UCSB works closely with residents, the County, Santa Barbara City College administrators, IV property owners, and law enforcement on community safety issues and student education around safety issues including sexual assault and alcohol and other drug concerns. UCSB coordinates many student-focused educational programs and campaigns as well as individual and group counseling for students. The Campus Advocacy, Resources and, Education (CARE) program provides confidential advocacy and support for students who have experienced sexual violence including relationship, dating/ domestic violence, and stalking.

Many recent safety-related enhancements in the community include dramatic improvements in public lighting; sidewalk expansions; permanent fencing installation in public areas to improve safety along the cliffs (which pose dangers of both erosion and falls), and increases in late-night alternative social programming both on campus and in IV. UCSB works with County officials to address safety and ongoing efforts to improve community spaces and local governance options.

To many, Isla Vista is a Beloved Community — a unique and special place that can provide UCSB students with opportunities to grow, learn, connect with others, and contribute in meaningful ways. We hope you will encourage your student to treat the community with respect and to be a good neighbor. You are welcome to visit Isla Vista, support local businesses by shopping in Isla Vista, and experience all of the diversity the community has to offer.

The Transfer Experience



THE TRANSFER EXPERIENCE AT UCSB

Transfer students are a valued part of our campus community. Their transition to a public research university can present unexpected challenges. Gaucho transfers may struggle as they become accustomed to the new pace, especially if adjusting from the semester to the quarter system.

The Dean of Students Office offers a popular course called “Introduction to the Research University: Transfer Student Success” (ED 118). In this course, transfer students explore many issues related to higher education, including the relationship between research and teaching, the relationship between a theory-based education and future career planning options, graduate school, the diverse campus community, and issues that personally affect students during their education. The course offers many opportunities for transfer students to meet fellow transfer students and form social and academic networks.

New transfer students can enroll in ED 118 through GOLD. For more information about this course or any first-year issue, contact Emma Parker at emmaparker@ucsb.edu.

TRANSFER STUDENT CENTER

The Transfer Student Center is a space for UCSB’s transfer students to make connections with each other, to campus resources, and with pathways to academic and career success. The Center is home to peer mentors and departmental partners who are able to help transfer students transition successfully to the four-year research university setting by providing specialized programming and opportunities that add value to their undergraduate education. Visit www.transfercenter.ucsb.edu for more information.

TRANSFER STUDENT ACADEMIC ISSUES

- Some academic differences catch students by surprise and create feelings of urgency and frustration
- Many students may need to complete prep work for major, possibly with pre-major GPA restraints
- Science majors have many required series courses, which may prolong their time to graduation
- Students often must take elective courses their first quarter rather than major courses (this is okay!)
- Frustration with finding out what has transferred (both for degree and major requirements)
- Pace of quarter system, time management, syllabus planning, and study skills
- No GPA cushion (unless coming from a UC)

NON-TRADITIONAL STUDENT ISSUES

- Being older than the typical student (and sometimes the instructor) can lead to feelings of isolation and extra pressure to be more “together” than younger students
- Having to play too many roles (student, parent, employee) while doing them all well
- Feeling overwhelmed because of not having enough time (need assistance and support but don’t have enough time/energy to seek them)

JULIAN’S EXPERIENCE

Transferring into UCSB I knew that I would face the challenge of making the most of my college experience with a smaller time frame. When I was looking at different colleges to transfer to, UCSB was not in my top 5. That was until I visited campus and got a strong feeling that I belonged here. Once I got here I had to quickly adapt to the transition of living away from home, living with new people, and the new academic rigor. I also did not know a single person when I got here, so everything was new and presented me with a world to explore. I recognized that I could not make the transition alone, so I took advantage of the Transfer Student Center. I asked millions of questions about anything and everything. I practically lived in the center with the amount of times I went there. Coupled with ED118, which is a class specifically for transfer students, I was able to quickly acclimate to UCSB. With my final quarter drawing to an end and graduation coming closer, I can say I was able to make the most of my time here at UCSB. As transfer students, we are given a finite amount of time to succeed here, but we have resources and opportunities available for us. We only need to seek them out. These past two years have given me some of the most memorable experiences of my life, and it makes me proud to have accomplished so much in such little time. Your college experience is what you make of it.
— Senior, Political Science

... AND HOW FAMILY AND SUPPORTERS CAN HELP

- Listen, be supportive, and remind student that they will get a great education at UCSB (even if the transition is a bit frustrating)
- Encourage student to seek help from an academic advisor at UCSB and to visit the Transfer Student Center
- Encourage student to send ALL transcripts ASAP (and IGETC certification, if applicable) to the Admissions Office
- Encourage student to work on other requirements while waiting to find out about transfer work (university, major, GE or 60 upper-division units)
- If unhappy with New Student Profile, encourage student to petition (include syllabus, catalog description, sample papers, etc.)
- Encourage meeting with the advisor in their major each quarter
- Remind students of Campus Learning Assistance Services (CLAS)
- Help student/family set realistic expectations for university-level work

... AND HOW FAMILY AND SUPPORTERS CAN HELP

- Listen and be supportive
- Encourage student to not make assumptions about how others view them
- If a situation arises, encourage student to communicate with resources
- Encourage student to connect with activities and support services designed specifically for non-traditional students
- Try to set realistic expectations (doing everything well may not be achievable)
- Communicate ways that family can help
- Refer and encourage use of services
- Help student and family set priorities; what needs to be done now versus what can wait
- Utilize the resources designed for non-trad students at the Non-Trad Resource Center (nontrad.sa.ucsb.edu)

Your Student’s Health

DEAR PARENTS AND FAMILY MEMBERS,

As your Deans for Student Wellness at UC Santa Barbara, our primary focus is supporting the well-being of UCSB students, which is essential to their success. We encourage students to care for their personal needs, to seek out healthy social relationships, and turn to support resources when they need additional help. We are writing to you to share some resources and to encourage you to also take steps to help your student attend to their health and well-being as they transition to college life.

As your student transitions to college life they will be faced with many wonderful opportunities. Alongside these opportunities, it is common for students to experience some stress as they adjust to a new academic and living environment. In addition, some students may be coming to college having experienced mental health challenges in the past or still working to cope with mental health issues. Whatever your student’s unique needs are, we want you to know of the support on and around campus. We also want you to know that with support, most students are able to navigate the challenges such that they have a positive college experience and achieve their academic goals.

One very helpful resource to help students connect with well-being services on campus is the wellbeing.ucsb.edu website. On this site you can find key resources for physical health, mental health, support for students experiencing challenges meeting their basic needs (e.g. food or housing insecurity, emergency financial challenges), wellness services and recreation programs. In addition, should a situation arise with your student where an urgent response to mental health, physical health, or basic needs emerges, this site provides a quick reference with contacts so you or your student can request help.

We hope that you find the resources in this letter helpful as you and your student begin to explore what they may need or want upon arrival on campus. One final note about your student’s health: if your student has a history of mental or physical health issues, the best strategy for ensuring success at UCSB is to develop a plan for their care prior to arrival on campus.

There are a number of important considerations to keep in mind and we recommend using the following as a guide to help ensure your student’s success at UCSB:

- Schedule appointments to establish care on campus or in the greater Santa Barbara community prior to the start of classes.
- Contact Social Work Services at (805) 893-3087 to create a strategy for a successful transition to school.
- Discuss the role of medication with your student and their health providers and create a plan for maintaining a medication regimen and for refilling prescriptions.
- Visit the websites of Counseling & Psychological Services (CAPS), Student Health Service, Student Mental Health Coordination Services, and Health & Wellness to review key wellness-related services on campus (see column at right).

We wish you and your student a successful year ahead.

Warmly,

Angela Andrade, PhD
Associate Vice Chancellor & Dean of Student Wellness

Briana Miller, MBA
Interim Associate Dean of Student Wellbeing

Armando Flores, MSW
Assistant Dean, Director of Student Mental Health Coordination Services

IDENTIFYING STUDENTS IN DISTRESS

The following are signs that a student could be in distress and should see a mental health professional:

- Behavioral or emotional change; someone who does not seem like themselves
- Excessive crying, withdrawing from other people
- Losing interest in hobbies and activities that were previously considered pleasurable
- Change in sleeping and eating patterns
- Decline in functioning; (e.g., not attending class, not sleeping or sleeping too much)
- Change in hygiene or appearance, not taking care of oneself
- Decline in academic performance
- Alcohol or drug abuse, especially a sudden or dramatic increase in use
- Anxiety, panic, or fear
- Excessive or inappropriate anger
- Others feel uncomfortable or worried about them
- Bizarre thoughts or behavior (e.g., out of touch with reality)
- Wanting to harm self or others
- Overwhelming sense of apathy, indifferent to life
- Trouble concentrating
- Trouble following through with plans
- Very low energy, feeling worthless and/or hopeless

IMPORTANT CONTACT INFORMATION

- Counseling & Psychological Services (805) 893-4411 — available 24/7 <http://caps.sa.ucsb.edu>
- Health & Wellness Programs (805) 893-2630 <http://wellness.sa.ucsb.edu>
- Dean of Students Office (805) 893-4568 <https://studentlife.sa.ucsb.edu/about/contact-us>
- Social Work Services (805) 893-3087 <http://studenthealth.sa.ucsb.edu/services/mental-health/social-work>
- Student Mental Health Coordination Services (805) 893-3030 www.sa.ucsb.edu/responding-to-distressed-students
- Student Health Service (805) 893-3371 <https://studenthealth.sa.ucsb.edu>
- UC Police Department Non-emergency number: (805) 893-3446 www.police.ucsb.edu



Academic Support Services

ACADEMIC ADVISING
Each of the three colleges has slightly different policies on academic advising consistent with the needs of its students. In the College of Letters and Science and the College of Engineering, students are responsible for seeking assistance if they are unsure of how to satisfy requirements. College of Creative Studies students are required to meet with their faculty advisor at least once per quarter regarding their course of study. All UCSB students can also consult professional staff advisors and faculty in their major and minor academic departments. In many departments, peer advisors (well-trained students) supplement the services of the professional staff. In a few departments, students are also assigned personal faculty advisors. Regardless of how advising is structured, students must take the initiative to obtain assistance. It is the student’s responsibility to comply with the regulations and requirements published in the General Catalog (<https://catalog.ucsb.edu/>) and other college publications.

Help is available to students who seek it, and each college maintains a website to help students understand the requirements and options. These sites are:

- Letters and Science: www.duels.ucsb.edu
- Engineering: www.engineering.ucsb.edu/undergraduate
- Creative Studies: www.ccs.ucsb.edu/student-life/resources

ACADEMIC ASSISTANCE/TUTORING (CLAS)
3210 Student Resource Building
Campus Learning Assistance Services (CLAS) helps students increase their mastery of course material, as well as adjust to the quarter system and academic rigor of the university. CLAS tutoring services are available to registered UCSB students at no extra cost. Instructional groups are offered primarily for lower-division core math, engineering, science and economics courses. Drop-in services are offered for economics, engineering, foreign language, math, science, and writing. Academic skills workshops are available in a variety of relevant study areas. Individual appointments are offered for ESL, academic skills, and writing. To enroll in groups or workshops, schedule an appointment, or for more information about CLAS, visit our website or stop by our office.
<http://clas.sa.ucsb.edu>

EDUCATION ABROAD PROGRAM (EAP)
2201 Student Affairs & Administrative Services Building
EAP is an outstanding UC-sponsored academic study abroad program with program options in 40+ countries. With planning, EAP students can fulfill major, minor, and/or GE requirements abroad; receive UC units; and still graduate on time. Students can supplement their studies abroad by obtaining an internship, research, or volunteer opportunity. Financial aid applies and scholarships are available. More than 5,000 UC students go abroad with UCEAP each year, including approximately 1,000 from UCSB. Take advantage of this once in a lifetime opportunity!
<https://eap.ucsb.edu>

SUMMER SESSIONS
2214 Student Affairs Administrative Services Building
Students who want to continue making degree progress in Summer can choose from hundreds of courses across all academic disciplines. With 3-, 6-, and 10-week course formats, and a wide variety of online courses, there are options to meet almost every student’s needs. The campus also offers a number of unique educational opportunities in Summer, such as our Freshman Summer Start and Transfer Edge programs for incoming students, the Coastal Media Project filmmaking intensive, and minors that can be completed over one to two summer quarters. To learn more about our courses, programs, and summer financial aid, visit our website.
www.summer.ucsb.edu

SCHOLARSHIP COMPETITIONS
The Scholarship Coordinator in the College of Letters and Science Division of Undergraduate Education facilitates the application process for UCSB undergraduates from any college who are pursuing state, national, and international scholarships that require campus nomination or endorsement. Scholarship application deadlines vary each year, but most occur in mid-summer and late fall quarters.
<https://www.duels.ucsb.edu/awards-scholarships>

HONORS PROGRAMS
Through the College Honors Programs in the College of Letters and Science and the College of Engineering, students can intensify their educational experience, pursue individual excellence, and participate in a small community atmosphere within the larger university setting throughout their years of undergraduate study. College Honors Program participants benefit from extra research opportunities and increased contact with both faculty and peers in small discussion sections. In addition to the College Honors Programs, the “distinction in the major” programs in many academic departments provide opportunities for research and independent study in the major field.

For more information:

- Letters and Science Honors Program: www.duels.ucsb.edu/honors-program or email honorsmail@ltsc.ucsb.edu
- Engineering Honors Program: <https://engineering.ucsb.edu/undergraduate/college-engineering-honors-program> or email honors@engr.ucsb.edu

OFFICE OF UNDERGRADUATE RESEARCH & CREATIVE ACTIVITIES (URCA & FRAP)
The Office of Undergraduate Research and Creative Activities was developed as a resource to help guide students towards experiential education opportunities. The Faculty Research Assistance Program (FRAP) allows undergraduates to gain valuable research experience, work with leading UCSB researchers, and simultaneously earn academic credit. UCRA grants provide funding for student-initiated projects. Students are encouraged to present their projects at the annual URCA Week Conference. These programs work to foster individuals who are prepared to apply their learned skills toward their future personal, academic, and professional goals.
urca.ucsb.edu

UC CENTER SACRAMENTO (UCCS)
2201 Student Affairs & Administrative Services Building
UCCS provides a unique experiential learning opportunity for UCSB students. Participating students not only engage in stimulating internships and coursework but also have the opportunity to observe public policy processes firsthand in our state’s capital. Admission to UCCS is open to upperclassmen and advanced sophomores from all majors. <https://capitalinternships.ucsb.edu>

WASHINGTON CENTER PROGRAM (UCDC)
2201 Student Affairs & Administrative Services Building
The UC Washington Program (UCDC) provides an amazing opportunity in experiential learning. The program combines courses, internships, and a wide variety of cultural experiences, offering students a chance to gain valuable work and networking opportunities. Offered every quarter, the UCDC Program is open to upperclassmen from all majors. <https://capitalinternships.ucsb.edu>

UCSB GRADUATION & RETENTION RATES

- 93% of freshmen and 94% of transfer students are retained after the first year. The national retention rate after freshman year is 76.5%.
- The median time to complete an undergraduate degree at UCSB is four years for entering freshmen. 73% of freshmen graduate within four years and 84% graduate within six years.
- 65% of transfer students complete their degree at UCSB within the first two years. 85% graduate within four years.
- Comparatively, the national six-year graduation rate among full-time students at four-year colleges is 64%. This information is based on the most recent year’s available data. Each year is based upon a different cohort; therefore, percentages may fluctuate.

For more national education information, please visit <https://nces.ed.gov>. The most recent UCSB Campus Profile can be found at <https://bap.ucsb.edu/institutional-research/student-and-campus-profiles>.

Undergraduate Education Requirements

THE COLLEGES AT UCSB
UCSB is one of the 10 campuses that form the University of California system. The Santa Barbara campus is made up of three undergraduate colleges, a Graduate Division, the Gevirtz Graduate School of Education, and the Bren School of Environmental Science and Management. Of the three undergraduate colleges, the largest is the College of Letters and Science — a liberal arts college that offers opportunities in nearly 80 majors and 40 minors. Depending on the major, students in the College of Letters and Science will earn one of four degrees: Bachelor of Arts, Bachelor of Fine Arts, Bachelor of Science, or Bachelor of Music. The College of Engineering offers Bachelor of Science degrees in computer science and chemical, computer, electrical, and mechanical engineering. The College of Creative Studies is a selective college that enrolls highly self-motivated, self-directed students who have demonstrated a talent for independent work in the arts, mathematics, or sciences. College of Creative Studies Bachelor of Arts degrees are offered in art (painting, sculpture, or book arts), music composition and biology. Both B.A. and B.S. degrees are offered in chemistry, mathematics, and physics. The Bachelor of Science degree is also offered in computing.

THE REQUIREMENTS
There are four types of requirements that all students must satisfy in order to receive a Bachelor’s degree from UCSB: Unit, University, General Education, and Major requirements. Students should refer to the *UCSB General Catalog* for specific requirements in each of these areas (<https://catalog.ucsb.edu>).

I. UNIT REQUIREMENT
College of Letters and Science

- College of Letters and Science advisors recommend that new students take between 12-16 units their first quarter.
- For the Bachelor of Arts degree: approximately 1/3 of all units go toward the major, 1/3 toward General Education and 1/3 toward free electives, a second major or a minor.

- For the Bachelor of Science, Music, and Fine Arts degrees in the College of Letters and Science: approximately 2/3 of all units go toward the major, 1/6 toward General Education, and 1/6 toward electives.

180 or 184 minimum units are needed to graduate (depending on how a student satisfies their General Education language requirement).

College of Engineering

- For College of Engineering majors: up to 4/5 of all units go toward the major and 1/5 toward General Education and electives.
- College of Engineering students are required to complete specific courses each quarter. For major specific unit information, see the General Engineering Academic Requirements (GEAR) at <https://engineering.ucsb.edu/undergraduate/academic-advising/gear-publications>.
- Depending on the student’s major, 187 to 194 minimum units are needed to graduate.

College of Creative Studies

- Students should follow the recommendations of the advisors in the College of Creative Studies when planning their first quarter schedule.
- 180 minimum units are needed to graduate.

II. UNIVERSITY REQUIREMENTS
The following requirements were created by UC faculty and are common to all UC campuses.

- Entry Level Writing Requirement: English Composition (ELWR)
- American History and Institutions (AH&I)
- Grade Point Average (GPA)
- Academic Residence

III. GENERAL EDUCATION REQUIREMENTS
General Education courses or “GEs” are designed to provide breadth to the undergraduate experience. Depending on the student’s college, there are many areas of General Education requirements to explore throughout a student’s career at UCSB.

IV. MAJOR REQUIREMENTS
The major requirements add depth to the undergraduate program through completion of the student’s chosen major. Major requirements vary from major to major and can be found in the *UCSB General Catalog*. UCSB’s three colleges offer approximately 80 different majors and 38 minors ranging from anthropology to zoology.

Student Support Services

AS LEGAL RESOURCE CENTER
(805) 893-4246 6550 Pardall Road, Isla Vista

The Associated Students Legal Resource Center provides free legal consultation and education to all UCSB undergraduate and graduate students. Services include assistance with arrests, citations, tickets, leases, landlord issues, roommate problems, harassment, small claims, credit problems, accidents, consumer problems, employment, family law, and other non-university related or student-versus-student issues. The office is staffed by legal advisors and appointments are available Monday through Friday from 11 a.m.–5 p.m.
<https://legal.as.ucsb.edu>

CAREER SERVICES
(805) 893-4412 Building 599 (painted pink)

Many students and parents are surprised to learn that most UCSB majors do not lead to specific careers, so the Career Services staff invites students to visit us early for help in clarifying what they want in a future career and how to get there. Our counselors and resources assist students to understand their unique qualities and how they might contribute to various types of work. Career Services also helps students to connect with employers for internships and jobs in order to gain professional experience to increase their employability upon graduation.
<http://career.ucsb.edu>

DEPARTMENT OF RECREATION
(805) 893-3738 Recreation Center Building

FIND YOUR FIT! Recreation offers programs, services, and facilities that contribute to an active and balanced lifestyle. Thousands of Gauchos work out in the award-winning Recreation Center utilizing the aquatic complex, basketball courts, climbing and fitness centers. Students can compete in a variety of Intramural sports, esports leagues, and join one our our 27 Sport Club teams, which compete nationally. Gaucho R.E.C. (Recreational and Exercise Classes), feature a variety of classes in aquatics, arts and crafts, certification, dance, mind body, fitness, martial arts & self defense, and sports. Group Cycling all-access passes are a great way to get that cardio and attend multiple classes each week. The Department of Recreation employs close to 600 students and is a great place to work and Find Your Fit!
<http://recreation.ucsb.edu>

DEAN OF STUDENTS OFFICE
Student Resource Building, in the Student Life Suite

The Dean of Students Office collaborates with various departments to coordinate and promote student well-being efforts. The office focuses on the health and safety of the campus community and fosters positive interaction among UCSB students, the university, and the local area. The Dean of Students Office also offers assistance to parents and students in medical or other emergency situations. This includes making referrals to campus resources and providing assistance with administrative processes. For this type of emergency support, contact the Student-Parent Liaison at sa-studentparentliaison@ucsb.edu or (805) 893-4521. For other questions, please email sa-dean.of.students@ucsb.edu.

DISABLED STUDENTS PROGRAM (DSP)
(805) 893-2668 Student Resource Building, Second Floor

DSP supports students with permanent and temporary conditions that rise to the level of a disability. Students submit current information that documents the impact of their condition and then participate in an interactive process with their disability specialist to determine reasonable accommodations. Accommodations include note takers, exam accommodations, use of adaptive technology, and advocacy advising.
<http://dsp.sa.ucsb.edu>

EDUCATIONAL OPPORTUNITY PROGRAM (EOP)
(805) 893-4758 Student Resource Building, Second Floor

The Educational Opportunity Program (EOP) at UC Santa Barbara is committed to providing student support services focused towards income-eligible, first-generation college students. EOP provides students with academic, financial, personal, and career advising through a holistic counseling approach as well as social and cultural programming through the Cultural Resource Centers located in the Student Resource Building.
<http://eop.sa.ucsb.edu>

LGBTQ+ STUDENT SERVICES
(805) 893-5847 Student Resource Building, Third Floor

The Resource Center for Sexual & Gender Diversity (RCSGD) offers a safe and supportive environment for lesbian, gay, bisexual, transgender, queer, questioning, intersex, asexual, and nonbinary students and their allies. We welcome everyone to utilize our lounge and computer lab, talk with student and staff for resources and advocacy, and get involved with student orgs and weekly events. Volunteer opportunities and mentorship programs are available to connect students to both on-campus and community opportunities. We encourage all people to get involved as we make UCSB a more welcoming and inclusive environment for people of all genders and sexualities.
<http://rcsgd.sa.ucsb.edu>

LIBRARY
(805) 893-2478

The UCSB Library-the intellectual, cultural, and physical center of campus-provides free access to 4.9 million books, 520,000 journals, and 800 article and research databases, including newspaper and streaming video collections. The first two floors of the building are open to UCSB students for late night study in a secure environment. Personalized research support is delivered 24/7 via chat, email, and by appointment. The beautiful, light-filled UCSB Library offers group study spaces, computing and printing, a Makerspace, data lab, VR/AR studio, and nap pods. The Library also hosts academic skills workshops, exhibitions, and guest lectures. At the Services Desk, students can check out everything from textbooks to laptops, power chargers, calculators, headphones, bicycle locks, and umbrellas.
www.library.ucsb.edu

MULTICULTURAL CENTER (MCC)
(805) 893-8411 University Center, near Corwin Pavilion

The MultiCultural Center (MCC) plays a critical role in impacting the intellectual and social growth of many UCSB students. It provides dynamic educational programs that enhance learning about different communities while cultivating deeper understanding. While engaged in proactive educational activities aimed at breaking down stereotypes, explaining the historical context of inequity, and increasing knowledge of the marginalized, the MCC provides a psychological and physical “safe space” for students with diverse backgrounds. The MCC presents an average of 20–25 programs each quarter ranging from lectures and panel discussions to music and dance performances. We have over 50 student User Groups affiliated with the MCC, and we maintain a mutually supportive relationship as we work toward a shared mission to uplift our different identities and communities.
<http://mcc.sa.ucsb.edu>

OFFICE OF STUDENT CONDUCT
(805) 893-5016 Student Resource Building, Second Floor

The Office of Student Conduct adjudicates academic and behavioral violations of the Student Conduct Code. We demand the highest academic and behavioral integrity and ensure community by repairing violations of trust through restorative practices and administrative resolution. Above all, we value humanity and honor identity throughout all of our processes.
<http://studentconduct.sa.ucsb.edu/>

OFFICE OF THE OMBUDS
(805) 893-3285 1205K Girvetz Hall

The Office of the Ombuds offers assistance to the UCSB community with the informal consideration of any university-related matter. We serve students, staff, faculty, and parents. We are an impartial department independent from all other university units. Our visitors can speak freely with us because we are not part of any formal university process and always maintain confidentiality. We are ready to discuss interpersonal conflict, academic concerns, bureaucratic entanglements, and wide-ranging matters. While we do not engage in advocacy, we help our visitors map out options and understand complex processes so they can keep moving forward. We also love to provide healthy communication training to the campus community.
<https://ombuds.ucsb.edu>

ONDAS STUDENT CENTER
(805) 893-3457 Kerr Hall 1150

The ONDAS Student Center supports the transition and retention of first-generation and minoritized students at UCSB. ONDAS serves as an academic resource center by providing mentorship and academic support in a learning-centered space. ONDAS connects students with faculty, staff, and peers to support student growth (personally and socially), and assist students in excelling academically. ONDAS offers peer mentorship, peer-led workshops, academic support & resources, grad school mentorship, faculty mentorship programs, space to connect with professional staff, and physical study space.
<https://ondas.ucsb.edu>
<https://firstgen.ucsb.edu>

PARDALL CENTER
(805) 770-3145 6550 Pardall Road, Isla Vista

The Associated Students Pardall Center serves the UCSB and Isla Vista community. The first floor hosts individual study spaces, group work areas, computer and basic printing facilities along with meeting spaces for those needing a space to congregate. The Pardall Center is in the heart of Isla Vista and is home to the Self Help Legal Center, AS Legal Resource Center, and Isla Vista Tenants Union. For more information and an IV resource guide, please visit our website.
<https://pardallcenter.as.ucsb.edu>

This is only a partial list of resources available at UCSB.
For more, visit www.ucsb.edu
and be sure to read each month of this calendar.

STUDENT ENGAGEMENT & LEADERSHIP (SEAL)
(805) 893-4569 Student Resource Building, Second Floor

SEAL promotes undergraduate and graduate student engagement and development through co-curricular programs and services, including Registered Campus Organizations (RCOs), fraternities and sororities, and leadership development. We champion student perspectives, initiatives, organizations, and events. We seek to encourage widespread student involvement in campus life because student activities play an integral role in student retention and success, and provide opportunities for human development. Furthermore, we promote a set of community standards that affirms both the right of freedom of expression in our community and the campus commitment to the highest standards of civility and decency.
<http://shoreline.ucsb.edu>

TRANSPORTATION & PARKING SERVICES (TPS)
(805) 893-2346 or tps-sales@ucsb.edu

First-year students are not eligible to purchase campus parking ePermits. TPS encourages students to visit the Transportation Alternatives Program website (tap.ucsb.edu) for carpool, vanpool, bus and transit information. TPS offers parking ePermits for commuters that reside outside of a two-mile radius from campus and very limited ePermits for second year and above residential students. Parking may be up to a mile away from housing locations. An ePermit is required at all times for vehicles parked on campus. Drivers can consult the campus map for regulations to avoid citations: map.ucsb.edu.

UNDOCUMENTED STUDENT SERVICES (USS)
(805) 893-5609 Student Resource Building, Second Floor

USS provides resources and programming for undocumented students, students with undocumented immigrant family members and allies. USS partners with departments and offices that serve as allies to the undocumented immigrant community, including providing free legal immigration services.
www.sa.ucsb.edu/dreamscholars/home

UNIVERSITY CENTER (UCEN)
(805) 893-4463 Located across from Storke Tower

The University Center (UCen) is UCSB’s student union. The UCen houses the UCSB Campus Store, restaurants, a Starbucks, lounges, meeting rooms, study rooms, a U.S. Post Office, and a copy shop. It is also home to many offices and resources such as the Associated Students’ main office, Graduate Student Association, MultiCultural Center, Community Housing Office, A.S. Food Bank, Environmental Affairs Board, and CALPIRG. Corwin Pavilion and the Hub host many larger gatherings such as lectures, concerts, and dances throughout the year.
<http://ucen.ucsb.edu>

VETERANS AND MILITARY SERVICES
805-893-4758 or VeteransMilitaryServices@sa.ucsb.edu
Building 434, Rms. 123 and 125

Veterans and Military Services (VMS) provides comprehensive support to UCSB’s military-related student community, including student veterans, active, Reserve and National Guard members, as well as military dependents. As the military community’s first stop and strongest advocate, VMS promotes a positive educational experience for military-related students, supports their transition to and through the academic community, and provides access to training, services and resources to facilitate degree completion and student success.
<http://www.sa.ucsb.edu/veterans/home>

WOMEN, GENDER, & SEXUAL EQUITY (WGSE)
(805) 893-3778 Student Resource Building, First Floor

The Women, Gender, & Sexual Equity (WGSE) department is dedicated to exploring gender-based issues and seeks to empower the campus community through education, advocacy, and resources. By engaging students, staff, faculty, and community members in an exploration of the role and impact of sex and gender in our society, the WGSE helps to foster an inclusive, equitable, and non-violent campus community. Programs and services are open to all gender identities. The WGSE is made up of two resource centers that are both located in the Student resource Building: the Women’s Center Programming and the Non-Traditional Student Resource Center.
<http://wgse.sa.ucsb.edu>

Campus Safety

ANNUAL FIRE SAFETY REPORT

The Fire Safety program comprises education, training, practices, and policies designed to protect a campus community from injuries, deaths, business interruption, and property damage resulting from fires and related perils. The program’s aim is to ensure that all students, staff and faculty are aware of and understand fire safety elements that help safeguard the community. You may access the annual Fire Safety Report at: <https://www.police.ucsb.edu/asfsr>. For more information about our Fire Safety Program, please visit: www.ehs.ucsb.edu/fire. Please direct any questions about the Fire Safety Annual Report or the Fire Safety Program to Jim White, Campus Fire Marshal, at (805) 893-5848 or James.white@ucsb.edu.

BIKE SECURITY

Bike theft is a growing concern in the UCSB community due to hundreds of bikes reported stolen each year. The major deterrents to theft are the location where bikes are stored, effective locks, and adherence to effective bike locking protocols. When choosing a bike locking system, we recommend purchasing two locks. One lock should be of the U lock variety. The second lock should ideally be a chain (or cable) that can be extended from the front tire and locked to the frame, thus making the bike immobilized. Students should always lock their bike to something stationary and sturdy rather than to itself, as well as ensure the location has proper lighting and can easily be seen whenever possible to increase natural surveillance of their bike. Students should also register their bike. Registered bikes that have been stolen have a recovery rate of approximately 30%. This is largely due to the fact that the Student Safety Partners (SSPs), formerly known as Community Service Organization (CSO) officers, spend time searching on campus for bikes that have been reported as stolen. Campus regulations require that all bikes be parked in bicycle racks and registered through the UCSB CSO registration program. For more information, contact CSO at (805) 893-5293.

ENVIRONMENTAL HEALTH & SAFETY

Environmental Health & Safety (EH&S) provides guidance and services to the campus community to promote the integration of health, safety, and environmental stewardship into all university activities. EH&S programs include: Biological Safety, Dive Safety, Emergency Planning, Environmental Compliance, Environmental Health, Ergonomics, Fire Safety, General Safety, Hazardous Waste, Laboratory & Research Safety, Occupational Health, Risk Management, and Workers’ Compensation. For more information, visit www.ehs.ucsb.edu.

Local Law Enforcement

LOCAL LAWS AND COUNTY ORDINANCES

UCSB Campus Police and the Isla Vista Foot Patrol strictly enforce the law on campus and in Isla Vista. Students may be cited or arrested if they are found to be breaking the law or unable to care for their own safety or the safety of others.

ISLA VISTA FOOT PATROL

The Isla Vista Foot Patrol was established in 1970 as one of California's first community policing stations and has operated successfully under that concept ever since. The goal is to create a partnership between the public and law enforcement and to work together to help keep Isla Vista safe. The Isla Vista Foot Patrol, located at 6504 Trigo Road, is staffed by deputies from the Santa Barbara Sheriff's Office and the UCSB Police Department officers. The Santa Barbara County Sheriff's Office has primary jurisdiction in Isla Vista. Currently, Sheriff's Lieutenant Garrett Te Slaa oversees the station, and the deputies and officers work cooperatively to make a positive difference in the Isla Vista community.

In Isla Vista, some common violations of law include fighting in public or other acts of violence, burglary (keep your doors locked!), minor in possession of alcohol, public intoxication, open alcohol containers in public, DUI/BUI (biking under the influence), and violating the noise ordinance (in effect after 10 p.m. on Sunday through Thursday and after midnight on Friday and Saturday nights).

Regular services of the Isla Vista Foot Patrol include answering calls related to crime (including burglary, robbery, sexual assault, and other violent crimes), complaints, injury, illness, fire, and custody and disposal of lost and found property. IV Foot Patrol staff are available to advise students on how to avoid becoming victimized. For more information, call (805) 681-4179. For emergency response in IV, students should dial 911.

POLICE DEPARTMENT

The UCSB Police Department (UCSB PD) takes great pride in providing and promoting a safe and secure environment for the students, faculty, staff, and visitors here at the University of California, Santa Barbara. UCSB PD strives to work collaboratively and cooperatively with all members of the University and surrounding communities in order to provide comprehensive, community-centered and professional police services, so that our vibrant and diverse campus community can thrive.

UCSB Police Officers have statewide jurisdiction, are duly sworn under section 830.2 of the California Penal Code, and are trained under state guidelines and mandates. UCSB PD is a full service police organization that is open 24-hours a day, 7 days a week, 365 days a year. While UCSB PD is the primary law enforcement agency for campus and campus property, UCSB Police Officers, Santa Barbara Sheriff's Deputies, and California Highway Patrol Officers work collaboratively to serve the Isla Vista community.

The UCSB Police Department values transparency in policing and we encourage you to contact their community outreach team (community@police.ucsb.edu) if you have any questions related to the services provided by their department. The UCSB Police Department officers are trained, certified and fully sworn under state law. While UCSB police officers have



SEXUAL ASSAULT, RELATIONSHIP VIOLENCE, & STALKING

Sexual assault, stalking, and relationship violence are never planned for in anyone's college career, yet they are a reality on all college campuses. Campus Advocacy, Resources, & Education (CARE) provides both survivor services and prevention on issues of sexual assault, relationship violence, and stalking. Our prevention goals are to challenge myths, raise awareness, and encourage community engagement in ending interpersonal violence on campus and in our community. Educational programs include discussions about affirmative consent to sexual activity, bystander intervention in potentially violent situations, how to support a survivor, and the importance of creating a campus culture that has zero tolerance for harming others.

CARE is also a confidential advocacy service provider to students impacted by interpersonal violence, providing affirming and empowering support for survivors while exploring all options. CARE advocates provide crisis intervention, assistance with legal and medical questions and academic accommodations, as well as referrals to counseling and resources both on campus and in the community. CARE is located on the second floor of the Student Resource Building (SRB), Suite 2145.

Confidential advocacy services are available 24 hours a day, 7 days a week by calling the direct advocacy line at (805) 893-4613. For more information on CARE, visit <http://care.ucsb.edu>.

statewide jurisdiction, they work to primarily serve the campus and the Isla Vista community.

The Department's headquarters are located on the northwest side of campus, at the intersection of Stadium and Mesa Roads; next to the County Fire Station #17. In addition, several satellite offices are also strategically located throughout campus to provide additional outreach services to the campus community.

ISLA VISTA SAFETY TIPS FOR STUDENTS

- Be careful near the cliffs along Del Playa Drive, where there are unfenced areas in some locations and unstable areas due to significant cliff erosion. Stay away from cliffs and off of balcony railings if you are under the influence and keep your friends away if they are impaired.
- Lock doors and windows. Don't leave valuables in vehicles and always secure bicycles.
- Walk in pairs or groups, especially at night and/or utilize the Student Safety Partners (SSP) escort service (on campus and throughout Isla Vista) by calling (805) 893-2000.
- Don't allow people you don't know into your home.
- Know and obey the law and local ordinances, including traffic and bike laws.
- Be aware of your surroundings and call the Isla Vista Foot Patrol to report suspicious, dangerous or criminal behavior (911 or 805-681-4179).
- Never hesitate to call 911 if you believe someone has had too much to drink or may be overdosing on drugs. First responders will always prioritize getting someone the help they need over getting students in trouble.
- Obey the law and local ordinances, including traffic laws and be aware of ordinances that may be unique to Isla Vista such as the ordinance that prohibits open containers of alcohol in public places.
- If you choose to consume alcohol at a party, do not leave your drink unattended or accept a drink from someone you don't know.
- Be an active bystander and check in with others or intervene if you see something that doesn't look right.

Local Emergency Contact Information:

- **Emergencies or immediate response:** 911
- **Campus non-emergencies:** (805) 893-3446
- **Isla Vista non-emergencies:** (805) 681-4179
- **Student Safety Partner escorts (formerly CSOs):** (805) 893-2000
- All red phones on campus are emergency phones and are connected directly to the UCSB Police Department.

Staying Informed

Clery Act Annual Security & Fire Safety Report

The University is committed to providing a safe and secure campus environment. In accordance with the Jeanne Clery Campus Safety Act (Clery Act), UC Santa Barbara publishes an Annual Security & Fire Safety Report to provide information regarding campus safety and security policies, crime statistics, fire statistics, fire-related policies, and resources to current and prospective students and employees.

This report includes statistics for the previous three years concerning crimes reported to Campus Security Authorities (CSAs) that occurred on campus, on off-campus UC Santa Barbara-affiliated properties, and on public property adjacent to and accessible from campus. The report also includes fire statistics for on-campus student housing facilities, and campus policies concerning crime prevention, fire safety, crime reporting, alcohol and drug use, sexual and interpersonal violence, student discipline, and other matters. To access the Annual Security & Fire Safety Report, visit www.police.ucsb.edu/asfsr. A hard copy of this report may also be requested by contacting the UCSB Police Department at (805) 893-3446 or 574 Public Safety Bldg., Santa Barbara, CA, 93106, during business hours.

The University issues two types of campus alerts: Timely Warnings and Emergency Notifications. Timely Warnings are sent for Clery-reportable crimes that are determined to be a serious or continuing threat to the campus community. Emergency Notifications have a wider focus than Timely Warnings and are issued for any significant emergency or dangerous situation involving an immediate threat to the health or safety of the campus community. Students, staff, and faculty can register and update contact information for these alerts at alert.ucsb.edu. Everyone is encouraged to register their cell phone numbers so that they can receive text message alerts in addition to emails.

Campus safety is a collaborative effort that involves the entire community. The University encourages victims, witnesses, and community members who are made aware of crimes to report all incidents to the UCSB Police Department at (805) 893-3446. To learn more about the Clery Act, please visit www.police.ucsb.edu/clery-act.

EMERGENCY PLANNING AND UCSB ALERT

UC Santa Barbara takes a proactive approach to emergency preparedness, and we urge students and families to become familiar with the campus' response procedures and plans. UC Santa Barbara's emergency planning website (<http://emergency.ucsb.edu>) provides resources to assist you in preparing for emergency situations. In the event of a large-scale emergency, urgent crisis, or other dangerous situation on the UC Santa Barbara campus, the following communication methods can be used to deliver emergency messages to the campus community:

- UCSB Alert sends health and safety alerts for certain incidents to all students and employees. Every student is automatically registered with their UCSBnetID@ucsb.edu email address, and the cell phone number they provide when they first log into GOLD. Accounts for parents and families are not created, but students can add additional cell phone numbers and emails to their account by logging in to the UCSB Alert system: alert.ucsb.edu.
- The university posts updates during a critical incident on the main campus website www.ucsb.edu.
- Recorded informational updates may be provided on UC Santa Barbara's Emergency Information Line at (888) 488-UCSB.
- Live updates may also be provided on the campus radio station, KCSB 91.9 FM.

As you prepare to send your student to UC Santa Barbara, we recommend that you create a personal emergency kit. The emergency kit should include items such as a week's supply of required medications, spare eyeglasses or contact lenses, close-toed shoes, and any other items essential to enabling your student to be prepared for an extended emergency. Please consult the Federal Emergency Management Agency (FEMA) website for more preparedness resources: www.ready.gov/make-a-plan.

Important Campus Policies

ACADEMIC MISCONDUCT

Each student shares the responsibility for community standards and assumes ALL responsibilities in the UCSB Student Conduct Code upon admission.

The UCSB Student Conduct Code exists to support the highest standards of social and academic behavior and ensure an environment conducive to student learning. It is expected that students attending the University of California, Santa Barbara understand and subscribe to the ideal of academic integrity, and are willing to bear individual responsibility for their work. Any submission that fulfills an academic requirement must represent a student’s original work. Any act of academic dishonesty will subject a person to University disciplinary action.

For more information refer to the General Catalog (<http://www.sa.ucsb.edu/regulations>) or to the Student Conduct website (<http://studentconduct.sa.ucsb.edu/>)

CAMPUS REGULATIONS

Campus Regulations address the rights and responsibilities of members of the University community and provide campus-wide standards for implementing regulations as a means of sustaining this community. Students are expected to comply with all local, state, and federal laws.

In order to carry on its work of teaching, research, and public service, the University has an obligation to maintain conditions under which the work of the University can go forward freely, in accordance with the highest standards of quality, institutional integrity, and freedom of expression, with full recognition by all concerned of the rights and privileges, as well as the responsibilities, of those who compose the University community.

Jurisdiction of campus regulations can be extended to include: physical abuse; threats of violence; arson-related offenses; any conduct that threatens the health or safety of any persons (including DUI); sexual harassment; stalking; or hazing. The complete text of Campus Regulations can be found at www.sa.ucsb.edu/regulations.

REGISTERED CAMPUS ORGANIZATIONS, FRATERNITY & SORORITY POLICIES

Parents, families, and friends: you play an essential role in helping us foster a safe atmosphere in campus activities! All registered campus organizations (RCOs), including fraternities and sororities, are subject to University regulations regarding organizational conduct. Among other things, these policies help to promote effective administration, access, and a broad range of risk management. All RCOs at UC Santa Barbara are prohibited from hazing (for more information, visit hazing.sa.ucsb.edu). All RCOs at UC Santa Barbara are expected to follow campus policies and local, state, and federal laws (including those regarding alcohol and controlled substances).

If you have concerns about RCO conduct, please email ucsb.dean.of.students@sa.ucsb.edu or make a report at <https://studentconduct.sa.ucsb.edu>. Violations of the University regulations are referred to the Registered Campus Organizations Conduct Board for adjudication and response. Response can range from educational requirements to rescinding of University recognition. In order to encourage the use of 911 during emergency situations, under the Responsible Action Protocol, reports that result from calling for medical emergency services will generally only result in educational sanctions.

SEXUAL VIOLENCE AND SEXUAL HARASSMENT

Sexual Violence, which includes Sexual Assault, Relationship Violence (i.e., Dating/ Domestic Violence), and Stalking, Sexual Harassment, and Other Prohibited Conduct are prohibited by the UC’s Sexual Violence and Sexual Harassment Policy (“SVSH Policy”). The SVSH Policy can be found at <https://titleix.ucsb.edu/policies-and-response-procedures/policies>.

In April 2024, UCSB’s Title IX Office expanded its scope to address all types of discrimination and harassment for faculty, students, and staff. It is now known as the Office of Title IX Compliance and Discrimination and Harassment Prevention, which oversees the campus response to discrimination and harassment reports, and works to provide support resources, safety planning, and reporting options.

UCSB’s Campus Advocacy, Resources, & Education (CARE) Office is the confidential campus office for sexual violence and works to provide crisis intervention, support resources, and accommodations. CARE is located in the Student Resource Building, 2nd floor. CARE advocates are available at (805) 893-4613 or visit <http://wgse.sa.ucsb.edu/care>.

SMOKING POLICY

As of January 2014, the entire University of California system is smoke-free and tobacco-free. Smoking, the use of smokeless tobacco products, e-cigarettes, and unregulated products is not allowed on UC-owned or leased properties.

FAMILY EDUCATIONAL RIGHTS AND PRIVACY ACT OF 1974 (FERPA)

The Family Educational Rights and Privacy Act (FERPA), UC PACAOS 130, and UCSB Policy protect access to a student’s educational records and limits the ability of others to access those records.

When a student reaches 18 years of age or enrolls in a post-secondary institution (even as a minor), the student’s records are protected under federal law and UC Policy from disclosure to ANY third party (including parents) without prior written authorization from the student. Within these regulations, the words “may” and “must” are used, permitting or requiring an institution to perform a particular act in order to be in compliance with the regulations. Each UC campus functions as its own separate institution, where institutional choice is allowed under law and policy. Information provided here summarizes the policies adopted by the Santa Barbara campus. Policies adopted by other UC campuses may differ but remain within federal guidelines and UC Policy. Access to financial, fee, advising, and academic records are managed by separate offices and may maintain different release policies. Students are required to provide dated and signed written consent before information from the student’s record is disclosed to a third party. The written consent must be signed and dated by the student and specify:

- The educational records to be disclosed,
- The purpose of the disclosure, and
- The party or class of parties to whom the disclosure may be made

Complete information regarding Student Records Privacy is available at <https://registrar.sa.ucsb.edu/student-records/records-privacy-ferpa>.



Alcohol and Other Drug Policies

RESIDENCE HALL ALCOHOL AND DRUG POLICIES

Students are expected to abide by the university policies on alcohol and other drugs. For university-owned residence halls, each resident is responsible for reviewing and abiding by the policies and regulations stated in the online Residence Hall Policies document that can be found on the housing website (www.housing.ucsb.edu). All alcohol and drug violations will be reviewed and sanctioned according to the seriousness of the violation. Sanctions range from requiring a resident to be evaluated and to attend an educational course offered through the UCSB Alcohol and Drug Program, up to contract cancellation.

SUBSTANCE ABUSE POLICY

The fundamental purpose of the UCSB community is a dedication to excellence in teaching, research, and public service. Alcohol and other drug abuse and the resulting consequences can have a significant impact on campus life. Unlawful drinking, excessive drinking, drunkenness, and illegal drug use are not condoned at UCSB. Intoxication or being under the influence of drugs is not an excuse for misconduct or infringing upon the rights of others.

The Drug-Free Schools and Communities Act of 1989 requires that any institution of higher education that receives federal financial assistance must adopt and implement programs to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees on school premises or as part of any of its activities. Under this requirement, UC Santa Barbara is required to distribute an annual notification about the UC Santa Barbara DAAPP (Drug and Alcohol Abuse Prevention Program) that provides information for students and employees about standards of conduct, health risks, counseling programs and disciplinary sanctions. More information is available at <https://adp.sa.ucsb.edu/services/daapp>.

Students found responsible of violating the UCSB Substance Abuse Policy or the Campus Regulations Applying to Campus Activities, Organizations, and Students (www.sa.ucsb.edu/regulations) are subject to disciplinary sanctions, which may include participation in an approved counseling or treatment program. The complete text of the UCSB Substance Abuse Policies can be found at <https://www.sa.ucsb.edu/policies/substance-abuse-policy>.

NOTICE OF NON-DISCRIMINATION

The University of California, in accordance with applicable federal and state law and university policy, does not discriminate on the basis of race, color, national origin, religion, sex, gender, gender expression, gender identity, pregnancy, physical or mental disability, medical condition (cancer-related or genetic characteristics), ancestry, marital status, age, sexual orientation, citizenship, or service in the uniformed service. The university also prohibits sexual harassment. This nondiscrimination policy covers admission, access, and treatment in university programs and activities.

Notes

POINTS OF PRIDE

- UC Santa Barbara ranks among higher-education leaders in the United States and Canada as one of only 62 research-intensive institutions elected to membership in the prestigious Association of American Universities.
- UCSB ranks number 12 among all public universities in U.S. News and World Report’s 2024 “Top Public Schools” guide, the most widely read college guide in the country.
- UCSB is home to six Nobel Prizes for landmark research in chemistry, physics, and economics. An alumna of the College of Creative Studies was named 2009 Nobel Laureate in Physiology or Medicine.
- UCSB faculty members are elected members of the prestigious academic organizations, including the American Association for the Advancement of Science, with more than 80 current or former faculty; Guggenheim Fellows, more than 60; the American Academy of Arts and Sciences, 45; and National Academy of Engineering, 29.
- The Campaign for UC Santa Barbara has thus far raised more than \$1.12 billion to ensure the excellence of the campus and its programs for future generations.
- UCSB was ranked number 10 on Princeton Review's 2022 Top 50 Green Schools list, which recognizes "superb sustainability practices, a strong foundation in sustainability education, and a healthy quality of life for students on campus."
- The university is the editorial headquarters for The Writings of Henry D. Thoreau, a National Endowment for the Humanities (NEH) project that is publishing definitive scholarly editions of the complete works of naturalist and literary artist Henry David Thoreau.
- The Koegel Autism Center at UCSB’s Gevirtz Graduate School of Education has been recognized by the National Research Council as one of the top 10 state-of-the-art treatment centers for Autism in the United States.
- For more points of pride, please visit www.ucsb.edu/about/facts-and-figures.



UCSB’s annual Parents & Family Weekend

November 7-8, 2025

All family members are welcome — parents,
grandparents, brothers and sisters!
See our website for a complete schedule
and online registration:

www.ucsb.edu/ParentsFamilyWeekend

We look forward to seeing you in the fall!

FINAL THOUGHTS

The parents of the Summer Orientation Staff offer some words of wisdom and things they wish they had known as their students started college.

As a parent, I wish I’d known ...

... that my student should not visit home within the first couple weeks of moving in because it is an important time to start making friends and get involved, which helps with homesickness.

... that my student thinks of us more than she calls us.

... that my parenting really did prepare my student for an independent college life.

... that there is always someone available to help my student in all aspects of her life. The professors are very helpful and CLAS is also a good resource.

... to plan a trip to UCSB about a month before the summer vacation begins to bring things home — it makes the final move out so much easier.

... that my student would succeed in college. Even though I worried so much about him, he did just fine.

... to make hotel reservations well in advance for Parents & Family Weekend and Commencement.

... that SSPs (Student Safety Partners) would be available to escort my student anywhere on campus or in Isla Vista.

... that being supportive sometimes means keeping your opinion to yourself.

... that my student does not need to enter with a major. It is okay if they are undeclared.

... that, for all the advice and experience I can offer, there are some lessons my student will just have to learn on their own.

... that grades are not the most important indication of success. What my student actually learns both in and outside of the classroom is just as, if not more, important.

**Stay connected! Visit the Gaucho Parents
website for even more information:
www.parents.ucsb.edu**